

CURRICULUM VITAE

## **Dr Dimos Gidaris**

PhD, MRCPCH, MRCPE, European Respiratory  
Society HERMES Diploma in Paediatric Respiratory  
Medicine

Paediatrician – Paediatric Pulmonologist  
Advanced Paediatric Life Support Instructor

October 2014

# Curriculum Vitae

## Personal Data:

**First name:** Dimos  
**Surname:** Gidaris  
**Date of Birth:** 7/Oct/1973  
**Nationality:** Greek  
**Marital status:** Married, father of two children  
**Correspondence:** 9A, Pantazopoulou str  
Ampelokipi, 56121  
Thessaloniki - GREECE  
**Telephone:** 00306947 932194  
**E-mail:** dgidaris@doctors.org.uk  
**Medical societies:** Medical Association of Thessaloniki  
General Medical Council (4666079)  
Royal College of Paediatrics & Child Health  
Royal College of Physicians of Edinburgh  
European Respiratory Society  
Greek Paediatric Respiratory Society

## Pre University Education:

July 1991: Graduation from the 24<sup>th</sup> Lyceum of Thessaloniki (hons)  
Panhellenic Exams for University Admittance  
(Score: 601/640)  
June 1990: Proficiency in English (Cambridge University)

## University Education:

1991-1997: Aristotle University of Thessaloniki  
Faculty of Medicine  
1994-1995: European Course Credit Transfer System (E.C.T.S. - "Erasmus") –  
University of Bristol (UK)  
Attended the fourth year of undergraduate studies in this  
prestigious English University supported by an EU scholarship.

## **MRCPCH / Specialty Exams / PhD**

- February 2003: Membership of the Royal College of Paediatrics & Child Health (MRCPCH)
- July 2005: Successful completion of exit exams for the specialty of Paediatrics (Thessaloniki)
- December 2008: PhD (Hons): "Cellular analysis of bronchoalveolar lavage in children with respiratory diseases".

## **Post Graduation Employment History:**

- Dec. 1997 - Dec 1998: GP training in Kato Nevrokopi – Drama - Greece
- Jan. 1999 – July 2000: Obligatory Military Service (Served as a doctor in Military Hospitals & Camps)
- Oct. 2000 - Nov. 2000: Clinical Observer  
Watford General Hospital  
England
- Dec. 2000- Jan 2001: Clinical Observer  
Aristotle University of Thessaloniki - Neonatal ICU
- Jan. 2001- July 2001: Senior House Officer in Paediatrics  
Watford General Hospital  
England
- Aug. 2001- Aug. 2002: Senior House Officer in Paediatrics & Neonatology  
Northwick Park Hospital  
Affiliated Hospital of the University of Middlesex  
England
- Aug. 2002 – Feb. 2003: Senior House Officer in Paediatric Cardiology  
Southampton University Hospital  
Southampton- England
- Mar. 2003 – Mar. 2005: Trainee in Paediatrics & Neonatology  
1<sup>st</sup> Department of Paediatrics – Aristotle University of Thessaloniki  
Hippokration Hospital – Thessaloniki - Greece
- July 2005 – today: Scientific coworker – research fellow  
1<sup>st</sup> Department of Paediatrics – Aristotle University of Thessaloniki.  
Clinical, teaching and research work in general Paediatrics and Paediatric Pulmonology  
Special interest: Flexible fiberoptic bronchoscopy & bronchoalveolar lavage  
Paediatric Pulmonology outpatient clinic once a week
- July 2005 – today: Private practice (general paediatrics)
- Acad. Year 2006 – 2007: Temporary Lecturer in Paediatrics  
1<sup>st</sup> Department of Paediatrics – Aristotle University of Thessaloniki.

- 1/6/2009 – 31/8/2009: Intensive training in bronchoscopy (200 bronchoscopies in adults).  
Department of Pneumonology  
Aristotle University of Thessaloniki.
- Sept 2009: Cincinnati Children's Hospital  
Paediatric Flexible Bronchoscopy Course

### **Training in Emergency Medicine:**

- March 2006: Advanced Paediatric Life Support (APLS)  
Advanced Life Support Group (UK) – APLS Hellas  
APLS instructor (taught in more than 10 APLS and PLS courses since then)
- April 2000: Advanced Trauma Life Support (ATLS)  
American College of Surgeons

### **Training in Child Abuse:**

- May 2002 Child Abuse & Neglect Course  
Hammersmith Hospital  
Imperial School of Science Technology & Medicine  
London - England

### **Poster Presentations in International Congresses**

- [1] "Intrapleural urokinase in the management of empyema in children".  
R. Valeri, I. Chatzioannidis, D. Gidaris et al.  
(European Respiratory Society Congress- Glasgow 9/2004)
- [2] "Pleural empyema in acute bacterial pneumonia in children".  
D. Gidaris, I. Chatzioannidis, M. Badouraki et al.  
(European Respiratory Society Congress- Glasgow 9/2004)
- [3] "Acute chest syndrome in sickle cell disease: Clinical presentation & outcome."  
R. Valeri, M. Athanassiou - Metaxa, D. Gidaris et al.  
(European Respiratory Society Congress - Munich 10/2005)
- [4] "Diagnosis of left lung agenesis as a coincident finding in a radiograph of the chest".  
V. Aivazis, E. Maratou, E. Gialama, D. Gidaris.  
(Southern Radiologic Society Congress– Chalkidiki 6/2006)
- [5] "Eosinophilic pneumonia associated with linesolid in a leukemic patient".  
E. Papakonstantinou, E. Roelidis, J. Tsanakas, D. Gidaris et al.  
(European Society of Pediatric Infectious Diseases Congress – Porto 5/2007)
- [6] "Current Indications for Decortication in the Treatment of Empyema in Children "  
R. Valeri, D. Gidaris, M. Badouraki et al.  
(European Respiratory Society Congress –Vienna 9/2009)

- [7] “Round pneumonia in children: An algorithmic approach”  
R. Valeri, E. Stergiou, D. Gidaris et al  
(European Respiratory Society Congress –Barcelona 9/2010)
- [8] “Successful treatment of hemothorax with recombinant factor VIIa in a haemophilic child with inhibitor presence.”  
M. Economou, D.Gidaris, et al
- [9] Psychogenic cough: Clinical and laboratory characteristic  
V. Avramidou, E. Hatziaorou, F. Kirvassilis, D. Gidaris, J. Tsanakas  
(European Respiratory Society Congress –Amsterdam 9/2011)

### **Poster Presentations in Greek Congresses**

- [1] “Successful treatment of hemothorax with recombinant factor VIIa in a haemophilic child with inhibitor presence.”  
M. Economou, D.Gidaris, R. Valeri, M.Tsouka, N.Gombakis, M. Athanassiou –  
Metaxa  
(PanHellenic Paediatric Congress- Crete 11/2009)

### **Oral Presentations – Lectures**

- [1] “Erythema nodosum”  
D. Gidaris.  
(Meeting of the Paediatric Association of Northern Greece – Thessaloniki  
10/2004)
- [2] “Intrapleural urokinase in the management of empyema in children”.  
R. Valeri, I. Chatzioannidis, D. Gidaris et al.  
(PanHellenic Paediatric Congress- Crete 5/2004)
- [3] “Febrile convulsion as a reason for admission in children younger than 2 years old with influenza infection”.  
G. Pardalos, A. Melidou, D. Gidaris et al  
(PanHellenic Paediatric Congress – Rhodes 5/2006)
- [4] “Foreign body aspiration in children”  
D. Gidaris.  
(Meeting of the Paediatric Association of Northern Greece – Thessaloniki  
3/2009)
- [5] “ Bronchoscopy in Children. When, how and why?”  
D. Gidaris  
(1<sup>st</sup> Symposium of the Paediatric Department of Volos General Hospital Volos  
12/2009)
- [6] “Flexible Fiberoptic Bronchoscopy in Greek children”.  
F. Kirvassilis, D.Gidaris et al  
(European Respiratory Society Congress – Barcelona 9/2010)
- [7] “Indications for measuring bronchial hyperresponsiveness in children”  
D. Gidaris

- (Panhellenic Paediatric Pulmonology Congress – Preseminar course – Thessaloniki 10/2010)
- [8] “Monitoring of children with respiratory problems and administration of drugs with nebulisers in hospitalised children”  
D. Gidaris  
(Panhellenic Paediatric Pulmonology Congress – Thessaloniki 10/2010)
- [9] “The Crying infant”  
D. Gidaris  
(31<sup>st</sup> meeting of the First University Paediatric Department – Aristotle University of Thessaloniki 11/2010)
- [10] “ Searching for medical information in the internet and in the medical databases”  
D. Gidaris  
(2<sup>nd</sup> Symposium of Hippokratia Journal – Thessaloniki 12/2010)
- [11] “Why is my child’s asthma not getting better doctor?”  
D. Gidaris  
(32<sup>nd</sup> meeting of the First University Paediatric Department – Aristotle University of Thessaloniki 11/2011)
- [12] “Bronchial asthma in preschoolers”  
D. Gidaris  
(33<sup>rd</sup> meeting of the First University Paediatric Department – Aristotle University of Thessaloniki 11/2012)

## **Publications in Greek**

- [1] “Bronchoalveolar Lavage in children”.  
D. Gidaris, J. Tsanakas. Paediatrici of Northern Greece. 18: 223 - 229, 2006
- [2] “Bronchoscopy in children”  
D. Gidaris, J. Tsanakas. Paediatrici of Northern Greece 18: 317 - 325, 2006
- [3] “Febrile convulsion as a reason for admission in children younger than 2 years old with influenza infection”.  
G. Pardalos, A. Melidou, D. Gidaris et al. Paediatrici of Northern Greece. 19:234-240. 2007
- [4] «Mediastinal masses in children.»  
D. Gidaris, N. Gombakis. Paediatrici of Northern Greece 20:73-78, 2008
- [5] “Late diagnosis of left lung hypoplasia associated with multiple congenital anomalies: Case report and brief review of the literature.”  
D. Gidaris, E. Maratou, V. Aivazis et al. New Paediatric Chronicles. 2008
- [6] “Respiratory Complications of childhood obesity.”  
D. Gidaris, F. Kirvassilis Paediatrici of Northern Greece 2011

## **Publications in English (Pubmed)**

- [1] “Scarlet Fever and Hepatitis: A Case Report”  
D. Gidaris, D. Zafeiriou, P. Mavridis, N.Gombakis. Hippokratia. 2008  
Jul;12(3):186-7
- [2] “Bronchoalveolar lavage in children with inflammatory and non inflammatory lung disease”  
D. Gidaris, Kanakoudi – Tsakalidou et al. Hippokratia. 2010, 14, 2: 109-114.
- [3] “Successful treatment of a spontaneous haemothorax with recombinant factor VIIa in a haemophilic child with inhibitors.”  
D. Gidaris , M. Economou , et al Hippokratia. 2010 Oct;14(4):289-90.
- [4] “Use of propranolol in infantile haemangiomas: Report of five cases and review of the literature.”  
D. Gidaris, M. Economou, et al Hippokratia. 2011 Jan;15(1):81-3.
- [5] “Flexible fiberoptic bronchoscopy in Greek children.”  
F. Kirvassilis, D. Gidaris, et al Hippokratia 2011, 15, 4: 312-315
- [6] “A “sweet” hydrothorax in a child on peritoneal dialysis”  
D. Gidaris, N. Printza et al Hippokratia 2011, 15, 4: 358-360
- [7] “Life-threatening hyponatremia and acute renal failure due to iatrogenic neonatal bladder rupture.”  
Printza N, Ververi A, Bandouraki M, Vargiami E, Gidaris D, Papachristou F.  
Urol Int. 2012;88(2):238-40
- [8] “Surgical treatment of persistent fetal vasculature and visual rehabilitation: one-year follow up.”  
Kozeis N, Tsaousis KT, Gidaris D.  
Case Rep Med. 2012;2012:687081.
- [9] “Wheezing defined.”  
Gidaris D, Cunningham S.  
Front Biosci (Elite Ed). 2013 Jun 1;5:1074-81.
- [10] “Six-year follow-up study on the effect of combined anterior and posterior spinal fusion on lung function and quality of life in young people with adolescent idiopathic scoliosis.”  
Urquhart DS, Gallella S, Gidaris D, Brady E, Blacklock S, Tsirikos AI.  
Arch Dis Child. 2014. [Epub ahead of print]

## **Books (Greek)**

- [1] “Common antimicrobial agents in Paediatrics”  
P Triantafyllou, D. Gidaris, I. Tsiouris, F. Kamakoudi – Tsakalidou  
Thessaloniki 2005
- [2] “Mediastinal masses in children”  
D. Gidaris, N. Gombakis  
Book chapter in “Oncology Problems in children”  
Vagionaki Editions 2010 Athens

## **Teaching**

APLS instructor

Teaching (clinical & lecturing) in 5<sup>th</sup> & 6<sup>th</sup> year medical students.

SHO teaching in paediatric pulmonology

Teaching in National Centre of Immediate Help (911 equivalent) regarding  
“Systematic approach of the seriously ill child”.

## **Continuous Medical Education:**

I attend many Paediatric and Paediatric Pulmonology congresses and symposia in Greece and abroad. I am an active member of the ERS and use the ERS website learning opportunities on a regular basis according to the paediatric HERMES curriculum for paediatric pulmonology.

## **Referees**

*Prof. Ioannis Tsanakas, MRCPCH, PhD*

*Professor of Paediatric Pulmonology*

*Director of the 3rd University Paediatric Department*

*Aristotle University of Thessaloniki*

*Hippokrateion General Hospital*

*49, Konstantinoupoleos str*

*Thessaloniki 54642*

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*Prof. F. Kanakoudi –Tsakalidou MD, PhD*

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*Thessaloniki 54642*

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