

Curriculum Vitae

Konstantinos Tziomalos, MSc, MD, PhD

Date of birth: 23/5/1974

Address: 50 Mitropoleos street, 54623, Thessaloniki, Greece

Phone number: +302310994621 / +302310274434 / +306978113392

e-mail : tziomalos@med.auth.gr / ktziomal@auth.gr / ktziomalos@yahoo.com

Academic degrees

- 5/2007 Doctor of Philosophy on “Endothelial dysfunction in patients with cardiovascular diseases – the role of nitric oxide”. Medical School of the Aristotle University of Thessaloniki, Greece. Supported by a scholarship from the State Scholarships Foundation.
Grade: Excellent.
- 2003 Postgraduate Diploma [Master of Science] in “Medical Investigational Technology”. Program of Postgraduate Studies of the Medical School of the Aristotle University of Thessaloniki, Greece.
Grade: Excellent.
- 1998 Medical Degree, Medical School, Aristotle University of Thessaloniki, Greece.
Grade: 8.78 / 10 (excellent).

Professional experience

- 9/2014 Visiting Academic at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. Funded by the Life Long Learning Programme, Erasmus Staff Training.
- 4/2014-today Assistant Professor in Internal Medicine at the 1st Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece.
- 6/2010-4/2014 Lecturer in Internal Medicine at the 1st Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece.
- 6/2013 Visiting Academic at the Stroke and Dementia Research Centre, St George's Hospital, St George's University of London, London, United Kingdom. Funded by the Life Long Learning Programme, Erasmus Staff Training.
- 4/2012 Visiting Academic at the Department of Neurology, University of Zürich, Zürich, Switzerland. Funded by the Life Long Learning Programme, Erasmus Staff Training.
- 8/2011 Visiting Academic at the Department of Clinical Pharmacology, St. Thomas' Hospital, King's College, London, United Kingdom. Funded by the Life Long Training Programme, Erasmus Staff Training.

8/2009-6/2010	Consultant in Internal Medicine at the 1 st Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece.
8/2008-7/2009	Honorary Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. Supported by a grant from the Hellenic Atherosclerosis Society.
9/2007-7/2008	Post-doctorate research fellow at the Stem Cell Institute and Cardiovascular Research Laboratory, Division of Cardiology, Miller School of Medicine, University of Miami, USA. Supported by a grant from the Hellenic Antihypertensive Society.
4/2007-8/2007	Honorary Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. Supported by a grant from the Hellenic Atherosclerosis Society.
10/2001-7/2006	Resident in Internal Medicine at the 2 nd Propedeutic Department of Internal Medicine, Aristotle University, Hippokraton Hospital, Thessaloniki, Greece.
4/2000-7/2001	Physician in the Hellenic Armed Forces Medical Corps.
12/1998-12/1999	Physician at the District Practice of Emmanuel Pappas, Serres, Greece.
9/1998-11/1998	Resident in Internal Medicine at the General Hospital of Serres, Greece.

Professional affiliations

- General Medical Council

Membership in Learned Societies

International Societies

- European Atherosclerosis Society

Hellenic Societies

- Hellenic Atherosclerosis Society (member of the Working Group on Hypertension (2007-2009), member of the Administrative Council (2010-2012), Special Secretary since 2012)
- Society of Internal Medicine of Northern Greece (Coordinator of the Working Group on Metabolism, Lipids and Atherosclerosis since 2010)
- Hellenic Society of Hypertension
- Hellenic Endocrine Society
- Hellenic Society of Basic and Clinical Pharmacology

Membership in Editorial Boards

International Journals

- 1) BMC Public Health (Associate Editor since 2010)
- 2) Cardiovascular Continuum (Section Editor for Stroke since 2013)
- 3) World Journal of Gastroenterology
- 4) Hippokratia
- 5) World Journal of Diabetes
- 6) World Journal of Gastrointestinal Pharmacology and Therapeutics
- 7) World Journal of Hepatology
- 8) American Journal of Clinical and Experimental Obstetrics and Gynecology
- 9) Clinical Medicine Insights: Therapeutics
- 10) Edorium Journal of Endocrinology
- 11) International Journal of Medicine and Medical Sciences
- 12) Journal of Clinical Research Letters
- 13) Journal of Translational Internal Medicine
- 14) Open Journal of Nephrology
- 15) Research in Endocrinology
- 16) Signpost Open Access Journal of Pathobiology and Toxicology
- 17) The Open Cancer Journal
- 18) The Open Diabetes Journal
- 19) The Open Hypertension Journal
- 20) The Open Pharmacology Journal
- 21) The Open Drug Safety Journal

Hellenic Journal

- 1) Hellenic Journal of Atherosclerosis
- 2) Hellenic Diabetological Chronicle

Foreign languages

English: Fluently (Proficiency of Cambridge).
 French: Very well (Certificat degree).

Scholarships / Awards

1. Plaudit for the oral presentation entitled “Acute and long-term effects of continuous positive airway pressure treatment on daytime and nighttime urinary albumin excretion in hypertensive patients with obstructive sleep apnoea syndrome”, presented in the 29th Northern Hellenic Medical Congress, held in Thessaloniki, Greece. March 2014.
2. Plaudit for the oral presentation entitled “Association between blood pressure at admission and stroke severity and outcome”, presented in the 5th Greek National Stroke Conference, held in Thessaloniki, Greece. March 2013.
3. “D. Ikkos” award for the paper entitled “Insulin resistance and endocrine characteristics of the different phenotypes of the polycystic ovary syndrome: a prospective study”. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.

4. Plaudit for the poster entitled “Safety and impact on cardiovascular events of long-term statin treatment in patients with coronary heart disease and abnormal liver tests: a *post hoc* analysis of the GREACE Study”, presented in the 2nd Hellenic Congress on Atherosclerosis, held in Ioannina, Greece. October 2010.
5. Plaudit for the oral presentation entitled “The effects of buflomedil on peripheral microangiopathy in patients with type 2 diabetes mellitus and without overt micro- or macroangiopathy”, presented in the 23rd Congress of the Diabetologic Society of Northern Greece, held in Thessaloniki, Greece. November 2009.
6. Grant from the Hellenic Atherosclerosis Society for training as a Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. December 2008.
7. Grant from the Hellenic Antihypertensive Society for training as a post-doctorate research fellow at the Stem Cell Institute and Cardiovascular Research Laboratory, Division of Cardiology, Miller School of Medicine, University of Miami, USA. January 2007.
8. Grant from the Hellenic Atherosclerosis Society for training as a Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. December 2006.
9. Plaudit for the poster entitled “Correlation between the type and degree of alcohol consumption and the incidence of metabolic syndrome, diabetes mellitus, coronary heart disease, stroke, and peripheral artery disease in men and women”, presented in the 2nd Hellenic Congress on Atherosclerosis, held in Athens, Greece. November 2006.
10. 1st Price for the oral presentation entitled “Lipid-transfer proteins in obese women during weight loss and their effects on HDL cholesterol subfractions”, presented in the 6th Hellenic Congress on Obesity, held in Thessaloniki, Greece. September 2006.
11. 2nd Price for the oral presentation entitled “Refractory ascites in a patient with haemosiderosis and dyserythropoietic anemia”, presented in Current topics on Gastroenterology, held in Thessaloniki, Greece. January 2005.
12. Grant from the European Society of Hypertension as a young investigator for the poster “Evaluation of inter-arm differences in blood pressure”, presented in the 14th European Meeting on Hypertension, held in Paris, France. June 2004.
13. Scholarship from the Hellenic Institution of National Scholarships for excellent scholarly achievements in the Master of Science in “Medical Investigational Technology” from the Program of Postgraduate Studies of the Medical School of the Aristotle University of Thessaloniki, Greece. 2002-2003.
14. Four consecutive annual scholarships from the Institution of Labor for excellent scholarly achievements at the 3rd, 4th, 5th and 6th year of studies in Medical School. 1995-1998.

15. Four consecutive annual scholarships from the State Scholarships Foundation for excellent scholarly achievements at the 2nd, 3rd, 4th and 5th year of studies in Medical School. 1994-1997.
16. Six consecutive annual scholarships from the Hellenic Sugar Industry for excellent scholarly achievements at the 1st, 2nd, 3rd, 4th, 5th and 6th year of studies in Medical School. 1993-1998.

Publication in journals indexed in PubMed

1. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Genetic, epidemiologic and clinical data strongly suggest that fasting or non-fasting triglycerides are independent cardiovascular risk factors. *Curr Med Res Opin*. 2014 Sep 11:1-4. [Epub ahead of print].
2. **Tziomalos K**, Bouziana SD, Spanou M, Giampatzis V, Papadopoulou M, Kazantzidou P, Kostaki S, Dourliou V, Savopoulos C, Hatzitolios AI. Increased augmentation index is paradoxically associated with lower in-hospital mortality in patients with acute ischemic stroke. *Atherosclerosis*. 2014 Jul 11;236(1):150-153.
3. **Tziomalos K**, Athyros VG. Antibodies against proprotein convertase subtilisin/kexin type 9: are they the statins of the 21st century? *Clinical Lipidology* 2014;9(4):141-4.
4. Katsiki N, **Tziomalos K**, Mikhailidis DP. Alcohol and the cardiovascular system: a double-edged sword. *Curr Pharm Des*. 2014 Jun 20. [Epub ahead of print].
5. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Hypolipidaemic drug treatment: Yesterday is not gone yet, today is challenging and tomorrow is coming soon; let us combine them all. *Curr Pharm Des*. 2014 Jun 20. [Epub ahead of print].
6. **Tziomalos K**, Athyros VG, Karagiannis A. Effects of lipid-lowering agents on inflammation, hemostasis and blood pressure. *Curr Pharm Des*. 2014 Jun 22. [Epub ahead of print].
7. Athyros VG, **Tziomalos K**, Katsiki N, Mikhailidis DP. Novel data on the pathogenesis of atherosclerosis, treatment targets, and new therapeutic interventions in lipid-related cardiovascular risk factors. *Curr Pharm Des*. 2014 Jun 22. [Epub ahead of print].
8. Hatzitolios AI, Spanou M, Dambali R, Vraka K, Doumarapis E, Petratos K, Savopoulos C, **Tziomalos K**. Public awareness of stroke symptoms and risk factors and response to acute stroke in Northern Greece. *Int J Stroke*. 2014 Jun;9(4):E15.
9. Magkou D, **Tziomalos K**. Antidiabetic treatment, stroke severity and outcome. *World J Diabetes*. 2014 Apr 15;5(2):84-88.
10. **Tziomalos K**, Athyros VG, Karagiannis A. Treating arterial stiffness in young and elderly patients with the metabolic syndrome. *Curr Pharm Des*. 2014 Apr 16. [Epub ahead of print].
11. **Tziomalos K**, Giampatzis V, Baltatzi M, Efthymiou E, Psianou K, Papastergiou N, Magkou D, Bougatsa V, Savopoulos C, Hatzitolios AI. Sex-specific differences in cardiovascular risk factors and blood pressure control in hypertensive patients. *J Clin Hypertens (Greenwich)*. 2014 Apr;16(4):309-12.
12. Vainas I, Marthopoulos A, Chrisoulidou A, Raptou K, **Tziomalos K**, Pazaitou-Panayiotou K. Calcitonin stimulation tests for the early diagnosis and

- follow-up of patients with C cell disease: a descriptive analysis. *Hippokratia*. 2013 Jul;17(3):246-51.
13. Koïou E, **Tziomalos K**, Katsikis I, Delkos D, Tsourdi EA, Panidis D. Disparate effects of pharmacotherapy on plasma plasminogen activator inhibitor-1 levels in women with the polycystic ovary syndrome. *Hormones (Athens)*. 2013 Oct;12(4):559-66.
 14. **Tziomalos K**, Giampatzis V, Bouziana SD, Pavlidis A, Spanou M, Papadopoulou M, Kagelidis G, Boutari C, Savopoulos C, Hatzitolios AI. Predictive value of the ankle brachial index in patients with acute ischemic stroke. *Vasa*. 2014 Jan;43(1):55-61.
 15. Kartali N, Daskalopoulou E, Geleris P, Chatzipantazi S, **Tziomalos K**, Vlachogiannis E, Karagiannis A. The effect of continuous positive airway pressure therapy on blood pressure and arterial stiffness in hypertensive patients with obstructive sleep apnea. *Sleep Breath*. 2014 Sep;18(3):635-40.
 16. Hatzipantelis ES, Karasmanis K, Perifanis V, Vlachaki E, **Tziomalos K**, Economou M. Combined chelation therapy with deferoxamine and deferiprone in β -thalassaemia major: compliance and opinions of young thalassaemic patients. *Hemoglobin*. 2014;38(2):111-4.
 17. Panidis D, **Tziomalos K**, Papadakis E, Vosnakis C, Betsas G, Tsourdi E, Katsikis I. Uterine volume and endometrial thickness in the early follicular phase in patients with polycystic ovary syndrome. *Endocr Pract*. 2014 Jun 1;20(6):540-7.
 18. **Tziomalos K**, Giampatzis V, Bouziana SD, Spanou M, Papadopoulou M, Pavlidis A, Kostaki S, Bozikas A, Savopoulos C, Hatzitolios AI. Association between nonalcoholic fatty liver disease and acute ischemic stroke severity and outcome. *World J Hepatol*. 2013 Nov 27;5(11):621-626.
 19. Koumaras C, **Tziomalos K**, Stavrinou E, Katsiki N, Athyros VG, Mikhailidis DP, Karagiannis A. Effects of renin-angiotensin-aldosterone system inhibitors and beta-blockers on markers of arterial stiffness. *J Am Soc Hypertens*. 2014 Feb;8(2):74-82.
 20. **Tziomalos K**, Kirkineska L, Baltatzi M, Efthymiou E, Psianou K, Papastergiou N, Magkou D, Zervopoulos G, Kagelidis G, Karlafti E, Savopoulos C, Hatzitolios AI. Prevalence of resistant hypertension in 1810 patients followed-up in a specialized outpatient clinic and its association with the metabolic syndrome. *Blood Press*. 2013 Oct;22(5):307-11.
 21. **Tziomalos K**, Giampatzis V, Bouziana SD, Spanou M, Pavlidis A, Papadopoulou M, Boutari C, Magkou D, Savopoulos C, Hatzitolios AI. Effect of prior treatment with different statins on stroke severity and functional outcome at discharge in patients with acute ischemic stroke. *Int J Stroke*. 2013 Oct;8(7):E49.
 22. Panidis D, **Tziomalos K**, Papadakis E, Katsikis I. Infertility treatment in polycystic ovary syndrome: lifestyle interventions, medications and surgery. *Front Horm Res*. 2013;40:128-41.
 23. Kountana E, **Tziomalos K**, Semertzidis P, Dogrammatzi F, Slavakis A, Douma S, Zamboulis C, Geleris P. Comparison of the diagnostic accuracy of ischemia-modified albumin and echocardiography in patients with acute chest pain. *Exp Clin Cardiol*. 2013 Spring;18(2):98-100.
 24. Katsinelos P, Chatzimavroudis G, **Tziomalos K**, Zavos C, Beltsis A, Lazaraki G, Terzoudis S, Kountouras J. Impact of periampullary diverticula on the outcome and fluoroscopy time in endoscopic retrograde

- cholangiopancreatography. *Hepatobiliary Pancreat Dis Int.* 2013 Aug;12(4):408-14.
25. Panidis D, **Tziomalos K**, Papadakis E, Chatzis P, Kandaraki EA, Tsourdi EA, Katsikis I. The role of orlistat combined with lifestyle changes in the management of overweight and obese patients with polycystic ovary syndrome. *Clin Endocrinol (Oxf).* 2014 Mar;80(3):432-8.
 26. Panidis D, **Tziomalos K**, Macut D, Kandaraki EA, Tsourdi EA, Papadakis E, Katsikis I. Age- and body mass index-related differences in the prevalence of metabolic syndrome in women with polycystic ovary syndrome. *Gynecol Endocrinol.* 2013 Oct;29(10):926-30.
 27. Athyros VG, Katsiki N, **Tziomalos K**, Gossios TD, Theocharidou E, Kaliagousi E, Anagnostis P, Pagourelis ED, Karagiannis A, Mikhailidis DP; for the GREACE Study Collaborative Group. Statins and cardiovascular outcomes in elderly and younger patients with coronary artery disease: a post hoc analysis of the GREACE Study. *Arch Med Sci.* 2013 Jun 20;9(3):418-426.
 28. Pazaitou-Panayiotou K, Chrisoulidou A, Mandanas S, **Tziomalos K**, Doumala E, Patakiouta F. Predictive factors that influence the course of medullary thyroid carcinoma. *Int J Clin Oncol.* 2014 Jun;19(3):445-51.
 29. Pazaitou-Panayiotou K, Iliadou P, Chrisoulidou A, Mitsakis P, Doumala E, Fotareli A, Boudina M, Mathiopoulou L, Patakiouta F, **Tziomalos K**. The increase in thyroid cancer incidence is not only due to papillary microcarcinomas: a 40-year study in 1778 patients. *Exp Clin Endocrinol Diabetes.* 2013 Jul;121(7):397-401.
 30. Panidis D, **Tziomalos K**, Papadakis E, Vosnakis C, Chatzis P, Katsikis I. Lifestyle intervention and antiobesity therapies in the polycystic ovary syndrome: impact on metabolism and fertility. *Endocrine.* 2013 Dec;44(3):583-590.
 31. Spanou M, **Tziomalos K**. Bariatric surgery as a treatment option in patients with type 2 diabetes mellitus. *World J Diabetes.* 2013 Apr 15;4(2):14-18.
 32. Panidis D, **Tziomalos K**, Papadakis E, Chatzis C, Kandaraki EA, Tsourdi EA, Vosnakis C, Katsikis I. The clinical significance and primary determinants of hirsutism in patients with the polycystic ovary syndrome. *Eur J Endocrinol.* 2013 May 3;168(6):871-7.
 33. **Tziomalos K**, Spanou M, Baltatzi M, Efthymiou E, Psianou K, Papastergiou N, Iliadis F, Didangelos TP, Savopoulos C, Hatzitolios AI. Impaired fasting glucose in hypertensive patients: prevalence and cross-sectional analysis of associations with cardiovascular disease. *Diabetes Technol Ther.* 2013 Jun;15(6):475-80.
 34. Bouziana SD, **Tziomalos K**. Inhibition of apoptosis in the management of nonalcoholic fatty liver disease. *World J Gastrointest Pharmacol Ther.* 2013 Feb 6;4(1):4-8.
 35. Paschos P, **Tziomalos K**. Nonalcoholic fatty liver disease and the renin-angiotensin system: Implications for treatment. *World J Hepatol.* 2012 Dec 27;4(12):327-31.
 36. **Tziomalos K**, Karagiannis A, Mikhailidis DP, Athyros VG. Colesevelam: A new and improved bile acid sequestrant? *Curr Pharm Des.* 2013;19(17):3115-23.
 37. **Tziomalos K**, Katsikis I, Papadakis E, Kandaraki EA, Macut D, Panidis D. Comparison of markers of insulin resistance and circulating androgens

- between women with polycystic ovary syndrome and women with metabolic syndrome. *Hum Reprod.* 2013 Mar;28(3):785-93
38. Giampatzis V, **Tziomalos K**. Management of type 2 diabetes mellitus in youth. *World J Diabetes.* 2012 Dec 15;3(12):182-5.
 39. **Tziomalos K**, Athyros VG, Mikhailidis DP, Karagiannis A. Hydrochlorothiazide vs. chlorthalidone as the optimal diuretic for the management of hypertension. *Curr Pharm Des.* 2013;19(21):3766-72.
 40. Koiou E, **Tziomalos K**, Katsikis I, Papadakis E, Kandaraki EA, Panidis D. Platelet-derived microparticles in overweight/obese women with the polycystic ovary syndrome. *Gynecol Endocrinol.* 2013 Mar;29(3):250-3.
 41. Athyros VG, **Tziomalos K**, Katsiki N, Gossios TD, Giouleme O, Anagnostis P, Pagourelis ED, Theocharidou E, Karagiannis A, Mikhailidis DP; for the GREACE Study Collaborative Group. The impact of smoking on cardiovascular outcomes and comorbidities in statin-treated patients with coronary artery disease: a post hoc analysis of the GREACE Study. *Curr Vasc Pharmacol.* 2013 Sep;11(5):779-84.
 42. Panidis D, **Tziomalos K**, Chatzis P, Papadakis E, Delkos D, Tsourdi EA, Kandaraki EA, Katsikis I. Association between menstrual cycle irregularities and endocrine and metabolic characteristics of the polycystic ovary syndrome. *Eur J Endocrinol.* 2013 Jan 17;168(2):145-52.
 43. Panidis D, Macut D, **Tziomalos K**, Papadakis E, Mikhailidis K, Kandaraki EA, Tsourdi EA, Tantanasis T, Mavromatidis G, Katsikis I. Prevalence of metabolic syndrome in women with polycystic ovary syndrome. *Clin Endocrinol (Oxf).* 2013 Apr;78(4):586-592.
 44. Spanos N, **Tziomalos K**, Macut D, Koiou E, Kandaraki EA, Delkos D, Tsourdi E, Panidis D. Adipokines, insulin resistance and hyperandrogenemia in obese patients with polycystic ovary syndrome: cross-sectional correlations and the effects of weight loss. *Obes Facts* 2012;5(4):495-504.
 45. Godosis D, Komaitis S, **Tziomalos K**, Baltatzi M, Ntaios G, Savopoulos CG, Hatzitolios AI. Cardiovascular diseases in pregnancy. *Am J Cardiovasc Dis* 2012;2(2):96-101.
 46. Panidis D, **Tziomalos K**, Papadakis E, Kandaraki EA, Katsikis I. The guidelines issued by the European Society for Human Reproduction and Embryology and the American Society for Reproductive Medicine regarding the induction of ovulation with metformin in patients with the polycystic ovary syndrome potentially require reconsideration. *Hormones (Athens).* 2013 Apr-Jun;12(2):192-200.
 47. Koiou E, **Tziomalos K**, Katsikis I, Dinas K, Tsourdi EA, Kandaraki EA, Delkos D, Papadakis E, Panidis D. Plasma von Willebrand factor antigen levels are elevated in the classic phenotypes of polycystic ovary syndrome. *Hormones (Athens).* 2012 Jan-Mar;11(1):77-85.
 48. Kyrou D, Al-Azemi M, Papanikolaou EG, Donoso P, **Tziomalos K**, Devroey P, Fatemi HM. The relationship of premature progesterone rise with serum estradiol levels and number of follicles in GnRH antagonist/recombinant FSH-stimulated cycles. *Eur J Obstet Gynecol Reprod Biol.* 2012 Jun;162(2):165-8.
 49. Athyros VG, Gossios TD, **Tziomalos K**, Florentin M, Karagiannis A, Mikhailidis DP. Is there an additional benefit from coronary revascularization in diabetic patients with acute coronary syndromes or stable angina who are already on optimal medical treatment? *Arch Med Sci.* 2011 Dec 31;7(6):1067-5.

50. Athyros VG, Hatzitolios AI, Karagiannis A, Savopoulos C, Katsiki N, **Tziomalos K**, Papagianni A, Kakafika A, Gossios TD, Mikhailidis DP; IMPERATIVE Collaborative Group. Improving the implementation of current guidelines for the management of major coronary heart disease risk factors by multifactorial intervention. The IMPERATIVE renal analysis. *Arch Med Sci*. 2011 Dec 31;7(6):984-92.
51. Athyros VG, Gioulema O, Ganotakis ES, Elisaf M, **Tziomalos K**, Vassiliadis T, Liberopoulos EN, Theocharidou E, Karagiannis A, Mikhailidis DP. Safety and impact on cardiovascular events of long-term multifactorial treatment in patients with metabolic syndrome and abnormal liver function tests: a post hoc analysis of the randomised ATTEMPT study. *Arch Med Sci*. 2011 Oct;7(5):796-805.
52. Bouziana SD, **Tziomalos K**. Malnutrition in patients with acute stroke. *J Nutr Metab*. 2011;2011:167898.
53. **Tziomalos K**, Athyros VG, Karagiannis A. Non-alcoholic fatty liver disease in type 2 diabetes: pathogenesis and treatment options. *Curr Vasc Pharmacol*. 2012 Mar;10(2):162-72.
54. Athyros VG, Katsiki N, **Tziomalos K**, Karagiannis A. Preventing Cardio-renal Syndrome Rather than Treating It: Could Statins Play A Role? *Open Cardiovasc Med J*. 2011;5:226-30.
55. Panidis D, **Tziomalos K**, Macut D, Delkos D, Betsas G, Misichronis G, Katsikis I. Cross-sectional analysis of the effects of age on the hormonal, metabolic, and ultrasonographic features and the prevalence of the different phenotypes of polycystic ovary syndrome. *Fertil Steril*. 2012 Feb;97(2):494-500.
56. Panidis D, **Tziomalos K**, Misichronis G, Papadakis E, Betsas G, Katsikis I, Macut D. Insulin resistance and endocrine characteristics of the different phenotypes of polycystic ovary syndrome: a prospective study. *Hum Reprod*. 2012 Feb;27(2):541-9.
57. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Lipid lowering agents and the endothelium: an update after 4 years. *Curr Vasc Pharmacol*. 2012 Jan;10(1):33-41.
58. Athyros VG, Elisaf MS, Alexandrides T, Achimastos A, Ganotakis E, Bilianou E, Karagiannis A, Liberopoulos EN, **Tziomalos K**, Mikhailidis DP; Assessing the Treatment Effect in Metabolic Syndrome Without Perceptible Diabetes (ATTEMPT) Collaborative Group. Long-term impact of multifactorial treatment on new-onset diabetes and related cardiovascular events in metabolic syndrome: a post hoc ATTEMPT analysis. *Angiology*. 2012 Jul;63(5):358-66.
59. Koiou E, **Tziomalos K**, Dinas K, Katsikis I, Kandaraki EA, Tsourdi E, Mavridis S, Panidis D. Plasma plasminogen activator inhibitor-1 levels in the different phenotypes of the polycystic ovary syndrome. *Endocr J*. 2012;59(1):21-9.
60. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Dyslipidemia induced by drugs used for the prevention and treatment of vascular diseases. *Open Cardiovasc Med J*. 2011;5:85-9.
61. Koiou E, **Tziomalos K**, Katsikis I, Kandaraki EA, Kalaitzakis E, Delkos D, Vosnakis C, Panidis D. Weight loss significantly reduces serum lipocalin-2 levels in overweight and obese women with polycystic ovary syndrome. *Gynecol Endocrinol*. 2012 Jan;28(1):20-4.

62. Athyros VG, Karagiannis A, Ganotakis ES, Paletas K, Nicolaou V, Bacharoudis G, **Tziomalos K**, Alexandrides T, Liberopoulos EN, Mikhailidis DP; Assessing The Treatment Effect in Metabolic syndrome without Perceptible diabetes (ATTEMPT) Collaborative Group. Association between the changes in renal function and serum uric acid levels during multifactorial intervention and clinical outcome in patients with metabolic syndrome. A post hoc analysis of the ATTEMPT study. *Curr Med Res Opin.* 2011 Aug;27(8):1659-68.
63. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Dyslipidaemia of obesity, metabolic syndrome and type 2 diabetes mellitus: the case for residual risk reduction after statin treatment. *Open Cardiovasc Med J.* 2011;5:24-34.
64. Pagourelias ED, Gossios TD, **Tziomalos K**, Karagiannis A, Geleris P, Athyros VG. Residual cardiac risk reduction beyond lipid lowering. *Hellenic J Cardiol.* 2011 May-Jun;52(3):197-203.
65. Tzotzas T, Kapantais E, **Tziomalos K**, Ioannidis I, Mortoglou A, Bakatselos S, Kaklamanou M, Lanaras L, Kaklamanou D. Prevalence of overweight and abdominal obesity in Greek children 6-12 years old: Results from the National Epidemiological Survey. *Hippokratia.* 2011 Jan;15(1):48-53.
66. Koiou E, Dinas K, **Tziomalos K**, Toulis K, Kandaraki EA, Kalaitzakis E, Katsikis I, Panidis D. The phenotypes of polycystic ovary syndrome defined by the 1990 diagnostic criteria are associated with higher serum vaspin levels than the phenotypes introduced by the 2003 criteria. *Obes Facts.* 2011;4(2):145-50.
67. Katsinelos P, **Tziomalos K**, Fasoulas K, Paroutoglou G, Koufokotsios A, Mimidis K, Terzoudis S, Maris T, Beltsis A, Geros C, Chatzimavroudis G. Can capsule endoscopy be used as a diagnostic tool in the evaluation of nonbleeding indications in daily clinical practice? A prospective study. *Med Princ Pract.* 2011;20(4):362-7.
68. Koiou E, **Tziomalos K**, Katsikis I, Kalaitzakis E, Kandaraki EA, Tsourdi EA, Delkos D, Papadakis E, Panidis D. Circulating platelet-derived microparticles are elevated in women with polycystic ovary syndrome diagnosed with the 1990 criteria and correlate with serum testosterone levels. *Eur J Endocrinol.* 2011 Jul;165(1):63-8.
69. Athyros VG, Ganotakis E, Kolovou GD, Nicolaou V, Achimastos A, Bilianou E, Alexandrides T, Karagiannis A, Paletas K, Liberopoulos EN, **Tziomalos K**, Petridis D, Kakafika A, Elisaf MS, Mikhailidis DP; Assessing The Treatment Effect in Metabolic Syndrome Without Perceptible Diabetes (ATTEMPT) Collaborative. Assessing the treatment effect in metabolic syndrome without perceptible diabetes (ATTEMPT): a prospective-randomized study in middle aged men and women. *Curr Vasc Pharmacol.* 2011 Nov;9(6):647-57.
70. Athyros VG, **Tziomalos K**, Daskalopoulos GN, Karagiannis A, Mikhailidis DP. Statin-based treatment for cardiovascular risk and non-alcoholic fatty liver disease. Killing two birds with one stone? *Ann Med.* 2011 May;43(3):167-71.
71. Athyros VG, Karagiannis A, **Tziomalos K**, Gossios TD, Mikhailidis DP. Raised liver enzymes in patients taking statins. *Lancet* 2011 Mar 26;377(9771):1075-6.
72. Tsantilas D, Hatzitolios AI, **Tziomalos K**, Karamitsos D, Papadimitriou D. Effects of buflomedil on skin blood flow in patients with type 2 diabetes mellitus without overt micro- or macroangiopathy. *Int Angiol.* 2011 Apr;30(2):164-71.

73. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Cardiovascular benefits of bariatric surgery in morbidly obese patients. *Obes Rev.* 2011 Jul;12(7):515-24.
74. Koiou E, **Tziomalos K**, Dinas K, Katsikis I, Kalaitzakis E, Delkos D, Kandaraki EA, Panidis D. The effect of weight loss and treatment with metformin on serum vaspin levels in women with polycystic ovary syndrome. *Endocr J.* 2011;58(4):237-46.
75. Stavrinou E, Koumaras C, Gossios TD, **Tziomalos K**, Athyros VG, Karagiannis A. Atherosclerotic renal artery stenosis: an update on diagnosis and management. *Curr Vasc Pharmacol.* 2011 Jul 1;9(4):465-70.
76. **Tziomalos K**. Effect of antiviral treatment on the risk of hepatocellular carcinoma in patients with chronic hepatitis B. *World J Hepatol.* 2010 Mar 27;2(3):91-3.
77. Panidis D, **Tziomalos K**, Koiou E, Kandaraki EA, Tsourdi E, Delkos D, Kalaitzakis E, Katsikis I. The effects of obesity and polycystic ovary syndrome on serum lipocalin-2 levels: a cross-sectional study. *Reprod Biol Endocrinol.* 2010 Dec 9;8:151.
78. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Preventing type 2 diabetes mellitus: room for residual risk reduction after lifestyle changes? *Curr Pharm Des.* 2010;16(34):3939-847.
79. Athyros VG, **Tziomalos K**, Gossios TD, Griva T, Anagnostis P, Kargiotis K, Pagourelis ED, Theocharidou E, Karagiannis A, Mikhailidis DP; GREACE Study Collaborative Group. Safety and efficacy of long-term statin treatment for cardiovascular events in patients with coronary heart disease and abnormal liver tests in the Greek Atorvastatin and Coronary Heart Disease Evaluation (GREACE) Study: a post-hoc analysis. *Lancet.* 2010 Dec 4;376(9756):1916-22.
80. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. To switch (statins) or not to switch? That is the question. *Expert Opin Pharmacother.* 2010 Dec;11(18):2943-6.
81. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Statin-fibrate combination for mixed dyslipidaemia: a limited option? *Curr Med Res Opin.* 2010 Sep;26(9):2137-40.
82. Karagiannis A, **Tziomalos K**, Anagnostis P, Gossios TD, Florentin M, Athyros VG, Mikhailidis DP. The effect of antihypertensive agents on insulin sensitivity, lipids and haemostasis. *Curr Vasc Pharmacol.* 2010 Nov;8(6):792-803.
83. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Atorvastatin: safety and tolerability. *Expert Opin Drug Saf.* 2010 Jul;9(4):667-74.
84. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. The role of ankle brachial index and carotid intima-media thickness in vascular risk stratification. *Curr Opin Cardiol.* 2010 Jul;25(4):394-8.
85. Tzotzas T, Papadopoulou FG, **Tziomalos K**, Karras S, Gastaris K, Perros P, Krassas GE. Rising serum 25-hydroxy-vitamin D levels after weight loss in obese women correlate with improvement in insulin resistance. *J Clin Endocrinol Metab.* 2010 Sep;95(9):4251-7.
86. Karagiannis A, **Tziomalos K**, Pagourelis ED, Gossios TD, Athyros VG. Effect of antihypertensive drug-associated diabetes on cardiovascular risk. *Hellenic J Cardiol.* 2010 May-Jun;51(3):195-9.

87. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Management of statin-intolerant high-risk patients. *Curr Vasc Pharmacol*. 2010 Sep;8(5):632-7.
88. Agapakis DI, Tsantilas D, Psarris P, Massa EV, Kotsaftis P, **Tziomalos K**, Hatzitolios AI. Coagulation and inflammation biomarkers may help predict the severity of community-acquired pneumonia. *Respirology*. 2010 Jul;15(5):796-803.
89. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Lipid-lowering agents and new onset diabetes mellitus. *Expert Opin Pharmacother*. 2010 Aug;11(12):1965-70.
90. Pagourelis ED, Giannoglou G, Kouidi E, Efthimiadis GK, Zorou P, **Tziomalos K**, Karagiannis A, Athyros VG, Geleris P, Mikhailidis DP. Brain natriuretic peptide and the athlete's heart: a pilot study. *Int J Clin Pract*. 2010 Mar;64(4):511-7.
91. Karagiannis A, **Tziomalos K**, Mikhailidis DP, Semertzidis P, Kountana E, Kakafika AI, Pagourelis ED, Athyros VG. Seasonal variation in the occurrence of stroke in Northern Greece: a 10 year study in 8204 patients. *Neurol Res*. 2010 Apr;32(3):326-31.
92. Athyros VG, Mitsiou EK, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Concurrent blood pressure, glycemic and lipid control for the prevention of vascular complications of type II diabetes mellitus: a long overdue objective? *Curr Vasc Pharmacol*. 2010 Jan;8(1):1-4.
93. Athyros VG, **Tziomalos K**, Karagiannis A, Wierzbicki AS, Mikhailidis DP. Aggressive statin treatment, very low serum cholesterol levels and haemorrhagic stroke: is there an association? *Curr Opin Cardiol*. 2010 Jul;25(4):406-10.
94. **Tziomalos K**, Perifanis V. Liver iron content determination by magnetic resonance imaging. *World J Gastroenterol*. 2010 Apr 7;16(13):1587-97.
95. **Tziomalos K**, Dimitroula HV, Katsiki N, Savopoulos C, Hatzitolios AI. Effects of lifestyle measures, antiobesity agents, and bariatric surgery on serological markers of inflammation in obese patients. *Mediators Inflamm*. 2010;2010:364957.
96. Athyros VG, Mitsiou EK, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Impact of managing atherogenic dyslipidemia on cardiovascular outcome across different stages of diabetic nephropathy. *Expert Opin Pharmacother*. 2010 Apr;11(5):723-30.
97. Anagnostis P, Karagiannis A, **Tziomalos K**, Athyros VG, Kita M, Mikhailidis DP. Endocrine hypertension: diagnosis and management of a complex clinical entity. *Curr Vasc Pharmacol*. 2010 Sep;8(5):646-60.
98. Kanashiro-Takeuchi RM, **Tziomalos K**, Takeuchi LM, Treuer AV, Lamirault G, Dulce R, Hurtado M, Song Y, Block NL, Rick F, Klukovits A, Hu Q, Varga JL, Schally AV, Hare JM. Cardioprotective effects of growth hormone-releasing hormone agonist after myocardial infarction. *Proc Natl Acad Sci U S A*. 2010 Feb 9;107(6):2604-9.
99. Athyros VG, **Tziomalos K**, Florentin M, Karagiannis A, Mikhailidis DP. Statin loading in patients undergoing percutaneous coronary intervention for acute coronary syndromes: a new pleiotropic effect? *Curr Med Res Opin*. 2010 Apr;26(4):839-42.
100. Athyros VG, Ganotakis ES, **Tziomalos K**, Papageorgiou AA, Anagnostis P, Griva T, Kargiotis K, Mitsiou EK, Karagiannis A, Mikhailidis DP.

- Comparison of four definitions of the metabolic syndrome in a Greek (Mediterranean) population. *Curr Med Res Opin.* 2010 Mar;26(3):713-9.
101. Vassiliadis T, Mpoumponaris A, Vakalopoulou S, Giouleme O, Gkissakis D, Grammatikos N, Soufleris K, Kakafika A, **Tziomalos K**, Patsiaoura K, Papanikolaou V, Evgenidis N. Spur cells and spur cell anemia in hospitalized patients with advanced liver disease: Incidence and correlation with disease severity and survival. *Hepatol Res.* 2010 Feb;40(2):161-70.
 102. Katsiki N, **Tziomalos K**, Chatzizisis Y, Elisaf M, Hatzitolios AI. Effect of HMG-CoA reductase inhibitors on vascular cell apoptosis: beneficial or detrimental? *Atherosclerosis.* 2010 Jul;211(1):9-14.
 103. Athyros VG, **Tziomalos K**, Karagiannis A, Anagnostis P, Mikhailidis DP. Should adipokines be considered in the choice of the treatment of obesity-related health problems? *Curr Drug Targets.* 2010 Jan;11(1):122-35.
 104. Mitsiou EK, **Tziomalos K**, Anagnostis P, Karagiannis A, Athyros VG. Multifactorial intervention for the prevention of vascular complications of type 2 diabetes. *Hellenic J Cardiol.* 2009 Nov-Dec;50(6):445-8.
 105. Athyros VG, Kakafika AI, Papageorgiou AA, **Tziomalos K**, Peletidou A, Vosikis C, Karagiannis A, Mikhailidis DP. Effect of a plant stanol ester-containing spread, placebo spread, or Mediterranean diet on estimated cardiovascular risk and lipid, inflammatory and haemostatic factors. *Nutr Metab Cardiovasc Dis.* 2011 Mar;21(3):213-21.
 106. **Tziomalos K**. Combination treatment in HBeAg-negative chronic hepatitis B. *World J Hepatol.* 2009 Oct 31;1(1):43-7.
 107. **Tziomalos K**, Vakalopoulou S, Perifanis V, Garipidou V. Treatment of congenital fibrinogen deficiency: overview and recent findings. *Vasc Health Risk Manag.* 2009;5:843-8.
 108. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Dyslipidemia as a risk factor for ischemic stroke. *Curr Top Med Chem.* 2009;9(14):1291-7.
 109. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Endothelial dysfunction in metabolic syndrome: prevalence, pathogenesis and management. *Nutr Metab Cardiovasc Dis.* 2010 Feb;20(2):140-6.
 110. Vassiliadis TG, Giouleme O, Koumerkeridis G, Koumaras H, **Tziomalos K**, Patsiaoura K, Grammatikos N, Mpoumponaris A, Gkissakis D, Theodoropoulos K, Panderi A, Katsinelos P, Eugenidis N. Adefovir plus lamivudine are more effective than adefovir alone in lamivudine-resistant HBeAg- chronic hepatitis B patients: a 4-year study. *J Gastroenterol Hepatol.* 2010 Jan;25(1):54-60.
 111. Anagnostis P, Karagiannis A, **Tziomalos K**, Kakafika AI, Athyros VG, Mikhailidis DP. Adrenal incidentaloma: a diagnostic challenge. *Hormones (Athens).* 2009 Jul-Sep;8(3):163-84.
 112. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Statins and cardiovascular events in patients with end-stage renal disease on hemodialysis. The AURORA results suggest the need for earlier intervention. *Curr Vasc Pharmacol.* 2009 Jul;7(3):264-6.
 113. **Tziomalos K**, Ganotakis ES, Gazi IF, Nair DR, Mikhailidis DP. Kidney function and estimated vascular risk in patients with primary dyslipidemia. *Open Cardiovasc Med J.* 2009 Jun 16;3:57-68.
 114. Athyros VG, Hatzitolios A, Karagiannis A, Didangelos TP, Iliadis F, Dolgyras S, Vosnakidis T, Vasiliadis P, Malias I, **Tziomalos K**, Samouilidou M, Mikhailidis DP; INDEED Collaborative Group. Initiative for a new

- diabetes therapeutic approach in a Mediterranean country: the INDEED study. *Curr Med Res Opin.* 2009 Aug;25(8):1931-40.
115. Karagiannis A, Hatzitolios AI, Athyros VG, Deligianni K, Charalambous C, Papathanakis C, Theodosiou G, Drakidis T, Chatzikaloudi V, Kamilali C, Matsiras S, Matziris A, Savopoulos C, Baltatzi M, Rudolf J, **Tziomalos K**, Mikhailidis DP. Implementation of guidelines for the management of arterial hypertension. The impulsion study. *Open Cardiovasc Med J.* 2009 May 5;3:26-34.
 116. Karagiannis A, **Tziomalos K**, Anagnostis P, Gossios T, Athyros VG. Atherosclerotic renal artery stenosis: medical therapy alone or in combination with revascularization? *Angiology.* 2009 Aug-Sep;60(4):397-402.
 117. **Tziomalos K**, Krassas GE, Tzotzas T. The use of sibutramine in the management of obesity and related disorders: an update. *Vasc Health Risk Manag.* 2009;5(1):441-52.
 118. Anagnostis P, Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Clinical review: The pathogenetic role of cortisol in the metabolic syndrome: a hypothesis. *J Clin Endocrinol Metab.* 2009 Aug;94(8):2692-701.
 119. **Tziomalos K**, Athyros VG, Wierzbicki AS, Mikhailidis DP. Lipoprotein a: where are we now? *Curr Opin Cardiol.* 2009 Jul;24(4):351-7.
 120. **Tziomalos K**, Kakafika AI, Athyros VG, Karagiannis A, Mikhailidis DP. The role of statins for the primary and secondary prevention of coronary heart disease in women. *Curr Pharm Des.* 2009;15(10):1054-62.
 121. **Tziomalos K**, Athyros VG, Karagiannis A, Kolovou GD, Mikhailidis DP. Triglycerides and vascular risk: insights from epidemiological data and interventional studies. *Curr Drug Targets.* 2009 Apr;10(4):320-7.
 122. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. The JUPITER trial results boost the evidence for the use of hsCRP as a treatment target and as part of the assessment of vascular risk: time for new guidelines? *Hellenic J Cardiol.* 2009 Mar-Apr;50(2):89-91.
 123. **Tziomalos K**, Hare JM. Role of xanthine oxidoreductase in cardiac nitroso-redox imbalance. *Front Biosci.* 2009 Jan 1;14:237-62.
 124. Hatzitolios AI, Athyros VG, Karagiannis A, Savopoulos C, Charalambous C, Kyriakidis G, Milidis T, Papathanakis C, Bitli A, Vogiatzis I, Ntaios G, Katsiki N, Symeonidis A, **Tziomalos K**, Mikhailidis DP; IMPROVE Collaborative Group. Implementation of strategy for the management of overt dyslipidemia: the IMPROVE-dyslipidemia study. *Int J Cardiol.* 2009 May 29;134(3):322-9.
 125. Katsinelos P, Lazaraki G, Kountouras J, Paroutoglou G, Oikonomidou I, Mimidis K, Koutras C, Gelas G, **Tziomalos K**, Zavos C, Pilpilidis I, Chatzimavroudis G. Prevalence, bowel habit subtypes and medical care-seeking behaviour of patients with irritable bowel syndrome in Northern Greece. *Eur J Gastroenterol Hepatol.* 2009 Feb;21(2):183-9.
 126. **Tziomalos K**, Sivanadarajah N, Mikhailidis DP, Boumpas DT, Seifalian AM. Increased risk of vascular events in systemic lupus erythematosus: is arterial stiffness a predictor of vascular risk? *Clin Exp Rheumatol.* 2008 Nov-Dec;26(6):1134-45.
 127. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. JUPITER: major implications for vascular risk assessment. *Curr Med Res Opin.* 2009 Jan;25(1):133-7.

128. Athyros VG, Kakafika AI, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Pleiotropic effects of statins--clinical evidence. *Curr Pharm Des.* 2009;15(5):479-89.
129. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Anti-inflammatory effects of fibrates: an overview. *Curr Med Chem.* 2009;16(6):676-84.
130. Tsantilas D, Hatzitolios AI, **Tziomalos K**, Papadimitriou DK. Buflomedil: potential new indications for an old agent. *Int Angiol.* 2009 Jun;28(3):170-4.
131. **Tziomalos K**, Athyros VG, Mikhailidis DP. Colesevelam improves glycemic control and lipid management in inadequately controlled type 2 diabetes mellitus. *Nat Clin Pract Endocrinol Metab.* 2009 Jan;5(1):16-7.
132. Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Preventing macrovascular complications of diabetes: where do we stand with glycemic control? *Expert Opin Investig Drugs.* 2008 Dec;17(12):1777-9.
133. Krassas GE, Papadopoulou F, **Tziomalos K**, Zeginiadou T, Pontikides N. Hypothyroidism has an adverse effect on human spermatogenesis: a prospective, controlled study. *Thyroid.* 2008 Dec;18(12):1255-9.
134. Athyros VG, Kakafika AI, Papageorgiou AA, Pagourelis ED, Savvatianos SD, Elisaf M, Karagiannis A, **Tziomalos K**, Mikhailidis DP. Statin-Induced Increase in HDL-C and Renal Function in Coronary Heart Disease Patients. *Open Cardiovasc Med J.* 2007;1:8-14.
135. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Omega-3 fatty acids: how can they be used in secondary prevention? *Curr Atheroscler Rep.* 2008 Dec;10(6):510-7.
136. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Apolipoproteins C-II and C-III and small dense low density lipoprotein: novel risk factors in metabolic syndrome? *Arch Med Sci* 2008;4:270-3.
137. **Tziomalos K**, Athyros VG, Mikhailidis DP. Statin discontinuation: an underestimated risk? *Curr Med Res Opin.* 2008 Nov;24(11):3059-62.
138. Athyros VG, Kakafika AI, **Tziomalos K**, Karagiannis A, Mikhailidis DP. CORONA, statins and heart failure. Who lost the crown? *Angiology* 2008;59:641-642.
139. Baltatzi M, Hatzitolios A, **Tziomalos K**, Iliadis F, Zamboulis Ch. Neuropeptide Y and alpha-melanocyte-stimulating hormone: interaction in obesity and possible role in the development of hypertension. *Int J Clin Pract.* 2008 Sep;62(9):1432-40.
140. Kakafika A, Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. High density lipoprotein cholesterol and statin trials. *Curr Med Chem.* 2008;15(22):2265-70.
141. Karagiannis A, **Tziomalos K**, Kakafika AI, Athyros VG, Harsoulis F, Mikhailidis DP. Medical treatment as an alternative to adrenalectomy in patients with aldosterone-producing adenomas. *Endocr Relat Cancer.* 2008 Sep;15(3):693-700.
142. Hare JM, Beigi F, **Tziomalos K**. Nitric oxide and cardiobiology-methods for intact hearts and isolated myocytes. *Methods Enzymol.* 2008;441:369-92.
143. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Established and emerging vascular risk factors and the development of aortic stenosis: an opportunity for prevention? *Expert Opin Ther Targets.* 2008 Jul;12(7):809-20.
144. Athyros VG, Kakafika AI, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Antisense technology for the prevention or the treatment of cardiovascular

- disease: the next blockbuster? *Expert Opin Investig Drugs*. 2008 Jul;17(7):969-72.
145. Kakafika AI, Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Primary and secondary coronary heart disease prevention using statins: is targeting Adam or Eve equally effective? *Expert Opin Pharmacother*. 2008 Jun;9(9):1437-40.
 146. Anagnostis P, Karagiannis A, Kakafika AI, **Tziomalos K**, Athyros VG, Mikhailidis DP. Atherosclerosis and osteoporosis: age-dependent degenerative processes or related entities? *Osteoporos Int*. 2009 Feb;20(2):197-207.
 147. Tzotzas T, Kapantais E, **Tziomalos K**, Ioannidis I, Mortoglou A, Bakatselos S, Kaklamanou M, Lanaras L, Kaklamanos I. Epidemiological survey for the prevalence of overweight and abdominal obesity in Greek adolescents. *Obesity (Silver Spring)*. 2008 Jul;16(7):1718-22.
 148. Athyros VG, Kakafika AI, Papageorgiou AA, Paraskevas KI, **Tziomalos K**, Anagnostis P, Pagourelas E, Koumaras C, Karagiannis A, Mikhailidis DP. Effects of statin treatment in men and women with stable coronary heart disease: a subgroup analysis of the GREACE Study. *Curr Med Res Opin*. 2008 Jun;24(6):1593-9.
 149. Pagourelas ED, Koumaras C, Kakafika AI, **Tziomalos K**, Zorou PG, Athyros VG, Karagiannis A. Cardiorenal anemia syndrome: do erythropoietin and iron therapy have a place in the treatment of heart failure? *Angiology*. 2009 Feb-Mar;60(1):74-81.
 150. Athyros VG, Kakafika AI, **Tziomalos K**, Papageorgiou AA, Karagiannis A. Statins for the prevention of first or recurrent stroke. *Curr Vasc Pharmacol*. 2008 Apr;6(2):124-33.
 151. Efstratiadis G, **Tziomalos K**, Mikhailidis DP, Athyros VG, Hatzitolios A. Atherogenesis in renal patients: a model of vascular disease? *Curr Vasc Pharmacol*. 2008 Apr;6(2):93-107.
 152. Karagiannis A, Mikhailidis DP, **Tziomalos K**, Kakafika AI, Athyros VG. Has the time come for a new definition of microalbuminuria? *Curr Vasc Pharmacol*. 2008 Apr;6(2):81-3.
 153. Athyros VG, Kakafika A, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Cholesteryl ester transfer protein inhibition and HDL increase: has the dream ended? *Expert Opin Investig Drugs*. 2008 Apr;17(4):445-9.
 154. Hatzitolios AI, Didangelos TP, Zantidis AT, **Tziomalos K**, Giannakoulas GA, Karamitsos DT. Diabetes mellitus and cerebrovascular disease: which are the actual data? *J Diabetes Complications*. 2009 Jul-Aug;23(4):283-96.
 155. Athyros VG, Kakafika AI, **Tziomalos K**, Karagiannis A, Mikhailidis DP. CORONA, statins, and heart failure: who lost the crown? *Angiology*. 2008 Feb-Mar;59(1):5-8.
 156. Athyros VG, **Tziomalos K**, Kakafika AI, Koumaras H, Karagiannis A, Mikhailidis DP. Effectiveness of ezetimibe alone or in combination with twice a week Atorvastatin (10 mg) for statin intolerant high-risk patients. *Am J Cardiol*. 2008 Feb 15;101(4):483-5.
 157. Karagiannis A, **Tziomalos K**, Papageorgiou A, Kakafika AI, Pagourelas ED, Anagnostis P, Athyros VG, Mikhailidis DP. Spironolactone versus eplerenone for the treatment of idiopathic hyperaldosteronism. *Expert Opin Pharmacother*. 2008 Mar;9(4):509-15.
 158. Krassas GE, **Tziomalos K**, Papadopoulou F, Pontikides N, Perros P. Erectile dysfunction in patients with hyper- and hypothyroidism: how

- common and should we treat? *J Clin Endocrinol Metab.* 2008 May;93(5):1815-9.
159. **Tziomalos K**, Weerasinghe CN, Mikhailidis DP, Seifalian AM. Vascular risk factors in South Asians. *Int J Cardiol.* 2008 Aug 1;128(1):5-16.
 160. Athyros VG, Liberopoulos EN, Mikhailidis DP, Papageorgiou AA, Ganotakis ES, **Tziomalos K**, Kakafika AI, Karagiannis A, Lambropoulos S, Elisaf M. Association of drinking pattern and alcohol beverage type with the prevalence of metabolic syndrome, diabetes, coronary heart disease, stroke, and peripheral arterial disease in a Mediterranean cohort. *Angiology.* 2007 Dec-2008 Jan;58(6):689-97.
 161. **Tziomalos K**, Athyros VG, Mikhailidis DP. Fish oils and vascular disease prevention: an update. *Curr Med Chem.* 2007;14(24):2622-8.
 162. Athyros VG, **Tziomalos K**, Mikhailidis DP, Pagourelis ED, Kakafika AI, Skaperdas A, Hatzitolios A, Karagiannis A. Do we need a statin-nicotinic acid-aspirin mini-polypill to treat combined hyperlipidaemia? *Expert Opin Pharmacother.* 2007 Oct;8(14):2267-77.
 163. **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Endothelial function, arterial stiffness and lipid lowering drugs. *Expert Opin Ther Targets.* 2007 Sep;11(9):1143-60.
 164. Sambanis C, **Tziomalos K**, Kountana E, Kakavas N, Zografou I, Balaska A, Koulas G, Karagiannis A, Zamboulis C. Effect of pioglitazone on heart function and N-terminal pro-brain natriuretic peptide levels of patients with type 2 diabetes. *Acta Diabetol.* 2008 Mar;45(1):23-30.
 165. **Tziomalos K**, Athyros VG. Fenofibrate: a novel formulation (Triglide) in the treatment of lipid disorders: a review. *Int J Nanomedicine.* 2006;1(2):129-47.
 166. Athyros VG, Kakafika AI, Papageorgiou AA, **Tziomalos K**, Skaperdas A, Pagourelis E, Pirpasopoulou A, Karagiannis A, Mikhailidis DP; GREACE Study Collaborative Group. Atorvastatin decreases triacylglycerol-associated risk of vascular events in coronary heart disease patients. *Lipids.* 2007 Nov;42(11):999-1009.
 167. Vassiliadis T, **Tziomalos K**, Patsiaoura K, Zagris T, Giouleme O, Soufleris K, Grammatikos N, Theodoropoulos K, Mpoumponaris A, Dona K, Zesos P, Nikolaidis N, Orfanou-Koumerkeridou E, Balaska A, Eugenidis N. Lamivudine/pegylated interferon alfa-2b sequential combination therapy compared with lamivudine monotherapy in HBeAg-negative chronic hepatitis B. *J Gastroenterol Hepatol.* 2007 Oct;22(10):1582-8.
 168. **Tziomalos K**, Florentin M, Krikis N, Perifanis V, Karagiannis A, Harsoulis F. Persistent effect of zoledronic acid in Paget's disease. *Clin Exp Rheumatol.* 2007 May-Jun;25(3):464-6.
 169. Karagiannis A, Mikhailidis DP, **Tziomalos K**, Sileli M, Savvatanos S, Kakafika A, Gossios T, Krikis N, Moschou I, Xochellis M, Athyros VG. Serum uric acid as an independent predictor of early death after acute stroke. *Circ J.* 2007 Jul;71(7):1120-7.
 170. Krassas GE, **Tziomalos K**, Pontikides N, Lewy H, Laron Z. Seasonality of month of birth of patients with Graves' and Hashimoto's diseases differ from that in the general population. *Eur J Endocrinol.* 2007 Jun;156(6):631-6.
 171. Karagiannis A, **Tziomalos K**, Athyros VG. Is angioedema a class adverse effect of the angiotensin-converting enzyme inhibitors? *Ann Allergy Asthma Immunol.* 2007 May;98(5):502.

172. Athyros VG, Mikhailidis DP, Kakafika AI, **Tziomalos K**, Karagiannis A. Angiotensin II reactivation and aldosterone escape phenomena in renin-angiotensin-aldosterone system blockade: is oral renin inhibition the solution? *Expert Opin Pharmacother*. 2007 Apr;8(5):529-35.
173. Tzotzas T, Samara M, Constantinidis T, **Tziomalos K**, Krassas G. Short-term administration of orlistat reduced daytime triglyceridemia in obese women with the metabolic syndrome. *Angiology*. 2007 Feb-Mar;58(1):26-33.
174. Athyros VG, Mikhailidis DP, Kakafika AI, Karagiannis A, Hatzitolios A, **Tziomalos K**, Ganotakis ES, Liberopoulos EN, Elisaf M. Identifying and attaining LDL-C goals: mission accomplished? Next target: new therapeutic options to raise HDL-C levels. *Curr Drug Targets*. 2007 Mar;8(3):483-8.
175. Katsinelos P, **Tziomalos K**, Chatzimavroudis G, Vasiliadis T, Katsinelos T, Pilpilidis I, Triantafyllidis I, Paroutoglou G, Papaziogas B. Eradication therapy in *Helicobacter pylori*-positive patients with halitosis: long-term outcome. *Med Princ Pract*. 2007;16(2):119-23.
176. Karagiannis A, Mikhailidis DP, Kakafika AI, **Tziomalos K**, Athyros VG. Atenolol: differences in mode of action compared with other antihypertensives. An opportunity to identify features that influence outcome? *Curr Pharm Des*. 2007;13(2):229-39.
177. Karagiannis A, Mikhailidis DP, Athyros VG, Kakafika AI, **Tziomalos K**, Liberopoulos EN, Florentin M, Elisaf M. The role of renin-angiotensin system inhibition in the treatment of hypertension in metabolic syndrome: are all the angiotensin receptor blockers equal? *Expert Opin Ther Targets*. 2007 Feb;11(2):191-205.
178. Karagiannis A, Mathiopoulou L, **Tziomalos K**, Kontotasios K, Skaperdas A, Florentin M, Amplianitis IK, Athyros VG. Dry cough as first manifestation of giant-cell arteritis. *J Am Geriatr Soc*. 2006 Dec;54(12):1957-8.
179. Karagiannis A, Athyros VG, Papageorgiou A, **Tziomalos K**, Elisaf M. Should atenolol still be recommended as first-line therapy for primary hypertension? *Hellenic J Cardiol*. 2006 Sep-Oct;47(5):298-307.
180. Vakalopoulou S, Rizopoulou D, Zafiriadou E, Perifanis V, **Tziomalos K**, Lefkou E, Hill M, Dolan G, Garipidou V. Management of acute bleeding in a patient with congenital afibrinogenaemia. *Haemophilia*. 2006 Nov;12(6):676-8.
181. Vlachaki E, Ioannidou-Papagiannaki E, **Tziomalos K**, Haralambidou-Vranitsa S, Perifanis V, Klonizakis I, Athanassiou-Metaxa M. Peripheral blood haematopoietic progenitor cells in patients with beta thalassaemia major receiving desferrioxamine or deferiprone as chelation therapy. *Eur J Haematol*. 2007 Jan;78(1):48-51.
182. Karagiannis A, **Tziomalos K**, Kakafika A, Florentin M, Athyros VG. Eplerenone relieves spironolactone-induced painful gynaecomastia in a patient with primary aldosteronism. *Nephrol Dial Transplant*. 2007 Jan;22(1):293.
183. Perifanis V, Vyzantiadis T, **Tziomalos K**, Vakalopoulou S, Garipidou V, Athanassiou-Metaxa M, Harsoulis F. Effect of zoledronic acid on markers of bone turnover and mineral density in osteoporotic patients with beta-thalassaemia. *Ann Hematol*. 2007 Jan;86(1):23-30.
184. Athyros VG, Mikhailidis DP, Liberopoulos EN, Kakafika AI, Karagiannis A, Papageorgiou AA, **Tziomalos K**, Ganotakis ES, Elisaf M. Effect of statin treatment on renal function and serum uric acid levels and their relation to vascular events in patients with coronary heart disease and metabolic

- syndrome: a subgroup analysis of the GREEK Atorvastatin and Coronary heart disease Evaluation (GREACE) Study. *Nephrol Dial Transplant*. 2007 Jan;22(1):118-27.
185. Krikis N, **Tziomalos K**, Perifanis V, Vakalopoulou S, Karagiannis A, Garypidou V, Harsoulis F. Treatment of recurrent gastrointestinal haemorrhage in a patient with von Willebrand's disease with administration of octreotide LAR and propranolol. *Hormones (Athens)*. 2004 Jan-Mar;3(1):65-7.
 186. Perifanis V, Sfikas G, **Tziomalos K**, Sotiriadis D, Garipidou V. Skin involvement in Hodgkin's disease. *Cancer Invest*. 2006 Jun-Jul;24(4):401-3.
 187. **Tziomalos K**, Kakavas N, Kountana E, Harsoulis F, Basayannis E. Reversible dilated hypocalcaemic cardiomyopathy in a patient with primary hypoparathyroidism. *Clin Endocrinol (Oxf)*. 2006 Jun;64(6):717-8.
 188. Athyros VG, Mikhailidis DP, Didangelos TP, Giouleme OI, Liberopoulos EN, Karagiannis A, Kakafika AI, **Tziomalos K**, Burroughs AK, Elisaf MS. Effect of multifactorial treatment on non-alcoholic fatty liver disease in metabolic syndrome: a randomised study. *Curr Med Res Opin*. 2006 May;22(5):873-83.
 189. Vassiliadis T, Patsiaoura K, **Tziomalos K**, Gkiourtzis T, Giouleme O, Grammatikos N, Rizopoulou D, Nikolaidis N, Katsinelos P, Orfanou-Koumerkeridou E, Eugenidis N. Pegylated IFN-alpha 2b added to ongoing lamivudine therapy in patients with lamivudine-resistant chronic hepatitis B. *World J Gastroenterol*. 2006 Apr 21;12(15):2417-22.
 190. Giouleme O, Nikolaidis N, **Tziomalos K**, Patsiaoura K, Vassiliadis T, Grammatikos N, Papanikolaou V, Eugenidis N. Ductal plate malformation and congenital hepatic fibrosis Clinical and histological findings in four patients. *Hepatol Res*. 2006 Jun;35(2):147-50.
 191. Vassiliadis T, Garipidou V, Perifanis V, **Tziomalos K**, Giouleme O, Patsiaoura K, Avramidis M, Nikolaidis N, Vakalopoulou S, Tsitouridis I, Antoniadis A, Semertzidis P, Kioumi A, Premetis E, Eugenidis N. A case of successful management with splenectomy of intractable ascites due to congenital dyserythropoietic anemia type II-induced cirrhosis. *World J Gastroenterol*. 2006 Feb 7;12(5):818-21.
 192. Karagiannis A, Pyrpasopoulou A, **Tziomalos K**, Florentin M, Athyros V. Angioedema may not be a class side-effect of the angiotensin-converting-enzyme inhibitors. *QJM*. 2006 Mar;99(3):197-8.
 193. Karagiannis A, **Tziomalos K**, Dona K, Pyrpasopoulou A, Kartali N, Athyros V, Zamboulis C. Bilateral renal artery stenosis and primary aldosteronism in a diabetic patient. *QJM*. 2005 Dec;98(12):913-5.
 194. Vassiliadis T, Garipidou V, **Tziomalos K**, Perifanis V, Giouleme O, Vakalopoulou S. Prevention of hepatitis B reactivation with lamivudine in hepatitis B virus carriers with hematologic malignancies treated with chemotherapy--a prospective case series. *Am J Hematol*. 2005 Nov;80(3):197-203.
 195. Nikolaidis NL, Giouleme OI, **Tziomalos KA**, Saveriadis AS, Grammatikos N, Doukelis P, Voutsas AD, Vassiliadis T, Patsiaoura K, Orfanou-Koumerkeridou E, Balaska A, Eugenidis NP. Interferon/long-term lamivudine combination therapy in anti-HBe positive chronic hepatitis B patients. *J Gastroenterol Hepatol*. 2005 Nov;20(11):1721-5.

196. Karagiannis A, **Tziomalos K**, Krikis N, Sfikas G, Dona K, Zamboulis C. The unilateral measurement of blood pressure may mask the diagnosis or delay the effective treatment of hypertension. *Angiology*. 2005 Sep-Oct;56(5):565-9.
197. Nikolaidis N, **Tziomalos K**, Giouleme O, Gkisakis D, Kokkinomagoulou A, Karatzas N, Papanikolaou A, Tsitourides I, Eugenidis N, Kontopoulos A. Protein-losing enteropathy as the principal manifestation of constrictive pericarditis. *J Gen Intern Med*. 2005 Oct;20(10):C5-7.
198. **Tziomalos K**, Garipidou V, Houmpouridou E, Pitsis AA, Basayannis E. Mitral valve reconstruction in a compound heterozygote for sickle cell anemia and hemoglobin Lepore. *J Thorac Cardiovasc Surg*. 2005 Sep;130(3):932-3.
199. Nikolaidis N, Giouleme O, Grammatikos N, **Tziomalos K**, Zezos P, Vakalopoulou S, Venizelos I, Garipidou V, Eugenidis N. Multifocal mucosa-associated lymphoid tissue lymphoma presenting as lower-GI bleeding. *Gastrointest Endosc*. 2005 Sep;62(3):465-7.
200. Athyros VG, Mikhailidis DP, Papageorgiou AA, Didangelos TP, Peletidou A, Kleta D, Karagiannis A, Kakafika AI, **Tziomalos K**, Elisaf M. Targeting vascular risk in patients with metabolic syndrome but without diabetes. *Metabolism*. 2005 Aug;54(8):1065-74.
201. Perifanis V, **Tziomalos K**, Tsatra I, Karyda S, Patsiaoura K, Athanassiou-Metaxa M. Prevalence and severity of liver disease in patients with β thalassemia major. A single-institution fifteen-year experience. *Haematologica*. 2005 Aug;90(8):1136-8.
202. Garipidou V, Vakalopoulou S, **Tziomalos K**. Development of multiple myeloma in a patient with chronic myeloid leukemia after treatment with imatinib mesylate. *Oncologist*. 2005 Jun-Jul;10(6):457-8.
203. Nikolaidis N, Vassiliadis T, Giouleme O, **Tziomalos K**, Grammatikos N, Patsiaoura K, Orfanou-Koumerkeridou E, Balaska A, Eugenidis N. Effect of lamivudine treatment in patients with decompensated cirrhosis due to anti-HBe positive/HBeAg-negative chronic hepatitis B. *Clin Transplant*. 2005 Jun;19(3):321-6.
204. Nikolaidis NL, Giouleme OI, **Tziomalos KA**, Patsiaoura K, Kazantzidou E, Voutsas AD, Vassiliadis T, Eugenidis NP. Small-duct primary sclerosing cholangitis. A single-center seven-year experience. *Dig Dis Sci*. 2005 Feb;50(2):324-6.
205. Vassiliadis T, Nikolaidis N, Giouleme O, **Tziomalos K**, Grammatikos N, Patsiaoura K, Zezos P, Gkisakis D, Theodoropoulos K, Katsinelos P, Orfanou-Koumerkeridou E, Eugenidis N. Adefovir dipivoxil added to ongoing lamivudine therapy in patients with lamivudine-resistant hepatitis B e antigen-negative chronic hepatitis B. *Aliment Pharmacol Ther*. 2005 Mar 1;21(5):531-7.
206. Karagiannis A, Balaska K, **Tziomalos K**, Gerasimidis T, Karamanos D, Papayeoryiou A, Zamboulis C. Lack of an association between angiotensin converting enzyme gene polymorphism and peripheral arterial occlusive disease. *Vasc Med*. 2004 May;9(3):189-92.
207. Garipidou V, Vakalopoulou S, Zafiriadou E, Kaloutsi V, **Tziomalos K**, Perifanis V. Uncommon manifestation of bleomycin-induced pulmonary toxicity in a patient with Hodgkin's disease. *Ann Oncol*. 2005 Mar;16(3):514-5.

208. Krikis N, **Tziomalos K**, Perifanis V, Vakalopoulou S, Karagiannis A, Garipidou V, Harsoulis F. Treatment of recurrent gastrointestinal haemorrhage in a patient with von Willebrand's disease with octreotide LAR and propranolol. *Gut*. 2005 Jan;54(1):171-2.
209. **Tziomalos K**, Charsoulis F. Endocrine effects of tobacco smoking. *Clin Endocrinol (Oxf)*. 2004 Dec;61(6):664-74.
210. Karagiannis A, **Tziomalos K**, Zamboulis C. Plasma B-type natriuretic peptide is related to left ventricular mass in hypertensive patients. *Eur Heart J*. 2004 Nov;25(21):1967.
211. Perifanis V, Sfikas G, **Tziomalos K**, Vakalopoulou S, Garipidou V. Hereditary spherocytosis uncovered in adulthood due to concomitant lead poisoning. *Ann Hematol*. 2005 Feb;84(2):131-2.
212. Garypidou V, Perifanis V, **Tziomalos K**, Vakalopoulou S, Zagris T, Galiagusi E. Gardner-Diamond syndrome. *J Dermatol*. 2004 Jul;31(7):587-8.
213. Karagiannis A, **Tziomalos K**, Kakafika A, Harsoulis F, Zamboulis C. Paralysis as first manifestation of primary aldosteronism. *Nephrol Dial Transplant*. 2004 Sep;19(9):2418-9.
214. **Tziomalos K**, Krikis N, Karagiannis A, Perifanis V, Rizopoulou D, Georgopoulou V, Harsoulis F. Treatment of idiopathic retroperitoneal fibrosis with combined administration of corticosteroids and tamoxifen. *Clin Nephrol*. 2004 Jul;62(1):74-6.
215. Garypidou V, Perifanis V, **Tziomalos K**, Theodoridou S. Cardiac toxicity during rituximab administration. *Leuk Lymphoma*. 2004 Jan;45(1):203-4.
216. Nikolaidis N, Giouleme O, Sileli M, **Tziomalos K**, Grammatikos N, Garipidou V, Eugenidis N. Endoscopic variceal ligation for portal hypertension due to myelofibrosis with myeloid metaplasia. *Eur J Haematol*. 2004 May;72(5):379-80.
217. Perifanis V, Vyzantiadis T, Vakalopoulou S, **Tziomalos K**, Garypidou V, Athanassiou-Metaxa M, Harsoulis F. Treatment of beta-thalassaemia-associated osteoporosis with zoledronic acid. *Br J Haematol*. 2004 Apr;125(1):91-2.
218. Karagiannis A, **Tziomalos K**, Patsiaoura K, Nikolaidis N, Giouleme O, Mavroudis N, Evgenidis N, Zamboulis C. Focal nodular hyperplasia of the liver in a patient with primary aldosteronism. *J Gastroenterol Hepatol*. 2004 Apr;19(4):480-1.
219. Karagiannis A, Balaska K, **Tziomalos K**, Tokalaki-Nikolaidou L, Papayeoryiou A, Zamboulis C. Lack of an association between angiotensin-converting enzyme gene insertion/deletion polymorphism and ischaemic stroke. *Eur Neurol*. 2004;51(3):148-52.
220. Garypidou V, Vakalopoulou S, Dimitriadis D, Tziomalos K, Sfikas G, Perifanis V. Incidence of pulmonary hypertension in patients with chronic myeloproliferative disorders. *Haematologica*. 2004 Feb;89(2):245-6.
221. Garypidou V, Verrou E, Vakalopoulou S, Perifanis V, Tziomalos K, Venizelos I. Efficacy of a single, weekly dose of recombinant erythropoietin in myelodysplastic syndromes. *Br J Haematol*. 2003 Dec;123(5):958.
222. Theodoridou S, Vyzantiadis T, Vakalopoulou S, Perifanis V, Tziomalos K, Vyzantiadis A, Garipidou V. Elevated levels of serum vascular endothelial growth factor in patients with polycythaemia vera. *Acta Haematol*. 2003;110(1):16-9.

Accepted papers (in press) in journals indexed in PubMed

- 1) Pazaitou-Panayiotou K, Iliadou PK, Mandanas S, Vasileiadis T, Mitsakis P, **Tziomalos K**, Alevizaki M, Patakiouta F. Papillary thyroid carcinomas in patients under 21 years-old: clinical and histological characteristics of tumours ≤ 10 mm compared with larger ones and adults' microcarcinomas. *Journal of Pediatrics*.
- 2) **Tziomalos K**, Athyros VG, Karagiannis A. Cardiovascular risk in Middle East populations: a call for action. *Angiology*.
- 3) Macut D, Bozic Antic I, Bjekic-Macut J, Panidis D, **Tziomalos K**, Vojnovic Milutinovic D, Stanojlovic O, Kastratovic-Kotlica B, Petakov M, Milic N, Lipid accumulation product is associated with metabolic syndrome in women with polycystic ovary syndrome. *Hormones*.
- 4) Panidis D, **Tziomalos K**, Papadakis E, Chatzis P, Kandaraki EA, Tsourdi EA, Macut D, Bjekic-Macut J, Marthopoulos A, Katsikis I. Associations of menstrual cycle irregularities with age, obesity and phenotype in patients with polycystic ovary syndrome. *Hormones*.
- 5) **Tziomalos K**, Spanou M, Bouziana SD, Papadopoulou M, Giampatzis V, Kostaki S, Dourliou V, Tsopozidi M, Savopoulos C, Hatzitolios AI. Type 2 diabetes is associated with worse functional outcome of ischemic stroke. *World Journal of Diabetes*.
- 6) **Tziomalos K**. Lipid-lowering agents in the management of nonalcoholic fatty liver disease. *World Journal of Hepatology*.

The cumulative impact factor of the journals with accepted publications for the year 2013 is **719.054**.

Publication in journals not indexed in PubMed

- 1) **Tziomalos K**, Athyros VG, Doumas M. Renal sympathetic denervation for resistant hypertension: Symplicity HTN-3 and the power of placebo. *The Open Hypertension Journal* 2014;6:18-19.
- 2) **Tziomalos K**, Athyros VG, Doumas M. Antihypertensive therapy in acute ischemic stroke: lost in the mist. *The Open Hypertension Journal* 2014;6:10-11.
- 3) Doumas M, **Tziomalos K**, Athyros VG. To stent or not to stent? This is the renal artery stenosis question. *The Open Hypertension Journal* 2014;6:1-2.
- 4) Panidis D, **Tziomalos K**, Papadakis E. Metabolic syndrome in patients with the polycystic ovary syndrome. *Expert Review of Endocrinology and Metabolism* 2013;8:559-568.
- 5) Athyros VG, **Tziomalos K**, Farganis MA, Geleris P. Stiff heart and stiff arteries. Could we soften both? *The Open Hypertension Journal* 2013;5(Suppl. 1):94-101.
- 6) Athyros VG, Ferlita A, **Tziomalos K**, Rizzo M. Treating arterial stiffness associated with features of metabolic syndrome not included in its diagnostic criteria: Cutting off the heads of lernaean hydra, keeper of the underworld. *The Open Hypertension Journal* 2013;5(Suppl. 1):67-74.
- 7) **Tziomalos K**, Athyros VG, Doumas M. Do we have effective means to treat arterial stiffness and high central aortic blood pressure in patients with and without hypertension? *The Open Hypertension Journal* 2013;5(Suppl. 1):56-57.

- 8) Arnaoutoglou M, Kiryttopoulos A, Kalliolia E, **Tziomalos K**, Orologas A. A case report of a patient with Wilson's disease and coincidental sarcoidosis. *International Journal of Case Reports in Medicine* 2014;2014:221927.
- 9) **Tziomalos K**, Doumas M, Athyros VG. Pomegranate Juice is Useful for the Management of Hypertension and the Improvement of Cardiovascular Health. *The Open Hypertension Journal* 2013;5:41-42.
- 10) Doumas M, **Tziomalos K**, Athyros VG. Pay-for-performance versus a budget-restrictive system for the management of dyslipidemia. should this approach also be applied in hypertension? *The Open Hypertension Journal* 2013;5:32-34.
- 11) **Tziomalos K**, Doumas M, Athyros VG. Functional foods are a useful adjunction to antihypertensive drug treatment. *The Open Hypertension Journal* 2013;5:30-31.
- 12) **Tziomalos K**, Doumas M, Athyros VG. No-pharmacological intervention: pomegranate juice for the management of hypertension and the improvement of cardiovascular health. *The Open Hypertension Journal* 2013;5:23-26.
- 13) Athyros VG, **Tziomalos K**, Karagiannis A, Mikhailidis DP. Homocysteine: an emerging cardiovascular risk factor that never really made it. *The Open Clinical Chemistry Journal* 2010;3:19-24.
- 14) **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Pitfalls in the evaluation of uric acid as a risk factor for vascular disease. *The Open Clinical Chemistry Journal* 2010;3:44-50.
- 15) **Tziomalos K**, Athyros VG, Karagiannis A. Pharmacotherapy of Paget's disease of bone: focus on zoledronic acid. *Clinical Medical Insights: Therapeutics* 2009;1:233-41.
- 16) **Tziomalos K**, Sevastidou J, Pitsis AA, Karagiannis A, Kyriazis G, Kataropoulou M, Mpalaska A, Athyros VG, Basayannis E. The potential predictive value of preoperative brain natriuretic peptide levels in coronary artery bypass grafting surgery. *The Open Cardiovascular and Thoracic Surgery Journal* 2008;1:27-36.
- 17) Karagiannis A, **Tziomalos K**, Kakafika AI, Athyros VG. Can we move forward after the ADVANCE? *Vascular Disease Prevention* 2008;5:72-4.
- 18) **Tziomalos K**, Mikhailidis DP. Ezetimibe: an overview of its low density lipoprotein cholesterol lowering efficacy. *European Cardiovascular Disease* 2007;1:23-5.
- 19) **Tziomalos K**, Perifanis V, Karagiannis A, Krikis N, Semertzidis P, Diakou A, Garipidou V, Harsoulis F. Diagnosis and treatment of visceral leishmaniasis in the Greek population: A case series. *Infections in Medicine* 2007;24:220-3.
- 20) Karagiannis A, **Tziomalos K**. Neuroprotective properties of erythropoietin in cerebral ischemia. *Central Nervous System Agents in Medicinal Chemistry* 2006;6:153-61.

Accepted papers (in press) in journals not indexed in PubMed

1. Doumas M, **Tziomalos K**, Athyros VG. Blood pressure as a risk factor of global disease burden and its association with lifetime risks of different manifestations of cardiovascular disease. *The Open Hypertension Journal*.
2. Krassas GE, Pontikides N, **Tziomalos K**, Tzotzas T, Zosin I, Vlad M, Luger A, Gessl A, Marculescu R, Toscano V, Morgante S, Papini E, Pirags V, Konrade I, Hybsier S, Hofmann PJ, Schomburg L, Köhrle J. Selenium status

in patients with autoimmune and non-autoimmune thyroid diseases from four European countries. *Expert Review of Endocrinology and Metabolism*.

Citations

These publications have been cited **3401** times and the h-index is **30**.

Chapters in books

1. Karagiannis A, Athyros VG, **Tziomalos K**, Mikhailidis DP. Peripheral arterial disease. In: Hypertension. Bakris GL, Baliga RR, eds. Oxford University Press, Oxford. 2011. pp 135-139.
2. Hatzistergos KE, **Tziomalos K**, Hare JM. Cell therapy for heart failure: ready for prime time? In: Clinical challenges in heart failure. Mehra MR, ed. Clinical Publishing, Oxford. 2011. pp 21-36.

Publications in e-books

- 1) **Tziomalos K**, Athyros VG, Karagiannis A. Management of dyslipidemia in patients with nonalcoholic fatty liver disease. In: Advances in dyslipidemia. Aronow WS, editor. Future Medicine, 2013. pp 98-109.
- 2) Panidis D, **Tziomalos K**. Appropriate use of metformin in early pregnancy: is there a role for first trimester use? In: Novel insights into the pathophysiology and treatment of polycystic ovary syndrome. Diamanti-Kandarakis E, Nader S, Panidis D, eds. Future Medicine, 2013. pp 72-82.
- 3) **Tziomalos K**, Athyros VG, Karagiannis A, Mikhailidis DP. Framingham and SCORE risk equations for the risk stratification of patients with the metabolic syndrome. Treatment Strategies-Cardiology. Available at <http://viewer.zmags.com/publication/21e919a2#/21e919a2/204>

Publications in Hellenic journals

- 1) **Tziomalos K**, Karagiannis A, Athyros VG. Pitavastatin: efficacy and safety. *Hellenic Journal of Atherosclerosis* 2014; 5: 177-186.
- 2) **Tziomalos K**, Giampatzis V, Bouziana SD, Spanou M, Pavlidis A, Papadopoulou M, Boutari C, Magkou D, Savopoulos C, Hatzitolios AI. Prior treatment with statins improves the functional outcome of patients with acute ischemic stroke. *Hellenic Journal of Atherosclerosis* 2014; 5: 207-214.
- 3) **Tziomalos K**, Giampatzis V, Bouziana SD, Pavlidis A, Spanou M, Papadopoulou M, Boutari C, Kostaki S, Savopoulos C, Hatzitolios AI. The prognostic role of ankle brachial index in patients with acute ischemic stroke. *Hellenic Journal of Atherosclerosis* 2014; 5: 60-66.
- 4) **Tziomalos K**, Karagiannis A, Athyros VG. 2013 American College of Cardiology/American Heart Association guidelines for the management of dyslipidemias: are they relevant for Greece? *Hellenic Journal of Atherosclerosis* 2014; 5: 7-10.
- 5) **Tziomalos K**. Oxidative stress and inflammation in diabetic nephropathy: pathophysiologic associations and therapeutic potential. *Hellenic Medical Journal* 2013; 98: 13-23.

- 6) **Tziomalos K.** Hypertension and peripheral arterial disease. *Hellenic Medical Journal* 2012; 94: 74-80.
- 7) Koiou E, Kalaitzakis E, **Tziomalos K**, Mavridis S, Piouka A, Katsikis I, Delkos D, Dinas K, Loufopoulos A, Panidis D. Vaspin: a novel adipokine, member of the family of serine protease inhibitors. *Aristotle University Medical Journal* 2011; 38: 7-18.
- 8) Sidera P, **Tziomalos K.** Mediterranean diet. *Fitness and Nutrition* 2011; 52: 16-18.
- 9) Gamvrili L, Koulousios K, Dourliou V, **Tziomalos K.** Angiotensin receptor blockers and cancer. *Hellenic Journal of Atherosclerosis* 2011; 2: 210-214.
- 10) Bouziana SD, **Tziomalos K.** Protective effects of n-3 fatty acids on the cardiovascular system. *Fitness and Nutrition* 2011; 51: 5-7.
- 11) **Tziomalos K.** Management of disorders of body water, electrolytes and nutrition in patients with acute stroke. *Hellenic Medical Journal* 2011; 23: 54-61.
- 12) Tsantilas D, Hatzitolios AI, **Tziomalos K**, Didangelos T, Papadimitriou D, Karamitsos D. Effects of buflomedil on the peripheral microcirculation in patients with type 2 diabetes mellitus without overt micro- or macrovascular disease. *Hellenic Diabetological Chronicle* 2010; 23: 160-169.
- 13) Gosios T, **Tziomalos K**, Basdekas S, Griva D, Kargiotis K, Mitsiou E, Anagnostis P, Koumaras C, Karagiannis A, Athyros V. Revascularization or optimal medical management in diabetic patients with acute coronary syndromes or stable angina? *Atherosclerosis* 2010; 25: 2-6.
- 14) Gosios T, **Tziomalos K**, Mitsiou E, Florentin M, Griva D, Kargiotis K, Anagnostis P, Koumaras C, Karagiannis A, Athyros V. Statin pretreatment in patients with stable angina or acute coronary syndromes undergoing revascularization. Is there a benefit? *Atherosclerosis* 2010; 25: 7-10.
- 15) Mitsiou E, Griva D, **Tziomalos K**, Gosios T, Kargiotis K, Anagnostis P, Koumaras C, Karagiannis A, Athyros VG. Diabetic nephropathy – cardiovascular events – statin treatment. Is there a hope for benefit? *Atherosclerosis* 2009; 24: 20-23.
- 16) Mitsiou E, **Tziomalos K**, Anagnostis P, Gosios T, Koumaras C, Griva D, Kargiotis K, Karagiannis A, Athyros VG. Management of vascular risk factors in patients with type 2 diabetes mellitus, the last stronghold of coronary heart disease. *Atherosclerosis* 2009; 24: 2-5.
- 17) Anagnostis P, **Tziomalos K**, Kargiotis K, Griva D, Mitsiou E, Athyros V, Karagiannis A. Metabolic syndrome and cortisol: a new approach to the pathogenesis of this entity. *Atherosclerosis* 2009; 23: 14-16.
- 18) **Tziomalos K**, Zamboulis C. Endothelial dysfunction in hypertension: Evaluation, prognostic value and potential for intervention. *Arterial Hypertension* 2008; 17: 117-127.
- 19) Athyros VG, Kakafika AI, Pankourelis E, **Tziomalos K**, Anagnostis P, Giavanidis J, Coumaras H, Karagiannis A. Premature interruption of statin treatment: causes and consequences. *Atherosclerosis* 2008; 17: 20-21.
- 20) Athyros VG, Kakafika AI, Pankourelis E, Coumaras H, **Tziomalos K**, Karagiannis A. Statins and the pharmacoconomics of coronary heart disease. *Atherosclerosis* 2007; 16: 18-21.
- 21) Athyros VG, Kakafika AI, **Tziomalos K**, Pankourelis E, Coumaras H, Karagiannis A. Can we discontinue statin treatment after the acute phase of ischemic stroke? *Atherosclerosis* 2007; 15: 2-3.

- 22) Athyros VG, Kakafika AI, **Tziomalos K**, Pankourelas E, Coumaras H, Karagiannis A. The beneficial effects of statins in heart failure include the protection against sudden death. *Atherosclerosis* 2007; 15: 12-13.
- 23) Athyros VG, **Tziomalos K**, Kakafika AI, Coumaras H, Pankourelas E, Karagiannis A. Replacing brand-name with generic statins – cost-effective or harmful? *Atherosclerosis* 2007; 15: 13-16.
- 24) Athyros VG, Kakafika AI, Pankourelas E, Savvatianos S, Pyrpasopoulou A, Coumaras H, Skaperdas A, **Tziomalos K**, Karagiannis A. The clinical importance of treatment with statins prior to coronary revascularization. *Atherosclerosis* 2007; 14: 18-20.
- 25) Athyros VG, **Tziomalos K**, Karagiannis A. The clinical significance of the findings of the IDEAL trial. *Atherosclerosis* 2006; 10: 17-19.
- 26) **Tziomalos K**, Kakafika AI, Sileli M, Douloumpakas I, Sfikas G, Pyrpasopoulou A, Florentin M, Skaperdas A, Karagiannis A, Athyros VG. Combined antihypertensive and lipid-lowering treatment. The ASCOT trial. *Atherosclerosis* 2006; 14: 15-17.
- 27) Perifanis V, **Tziomalos K**. Treatment and monitoring of iron overload. *Haema* 2005; 8(suppl. 1): S25-S31.
- 28) Sampanis C, **Tziomalos K**, Kechagia E, Nakou A, Randou E, Kountana E, Didangelos T, Karamitsos D. Heart failure after thiazolidinedione therapy. *Hippokratia* 2005; 9: 87-91.
- 29) **Tziomalos K**, Perifanis V, Vakalopoulou S, Dona K, Semertzidis P, Venizelos I, Garipidou V. Rituximab for Waldenström's macroglobulinemia. *Haema* 2005; 8: 125-128.
- 30) Karagiannis A, **Tziomalos K**, Krikis N, Sfikas G, Dona K, Zamboulis C. The value of the simultaneous measurement of blood pressure in both arms. *Hellenic Nephrology* 2004; 16: 143-147.
- 31) Vassiliadis T, Garipidou V, **Tziomalos K**, Perifanis V, Giouleme O, Vakalopoulou S. Prevention of hepatitis B reactivation with lamivudine in hepatitis B virus carriers with hematologic malignancies treated with chemotherapy. *Annals of Gastroenterology* 2004; 17: 280-287.
- 32) Krikis N, **Tziomalos K**, Sfikas G, Karagiannis A, Perifanis V, Georgopoulou V, Papanikolaou A, Harsoulis F. Treatment of Paget's disease with administration of zoledronic acid. *Hippokratia* 2004; 8: 7-10.
- 33) **Tziomalos K**, Krikis N, Karagiannis A, Perifanis V, Rizopoulou D, Georgopoulou D, Harsoulis F. Treatment of idiopathic retroperitoneal fibrosis with combined administration of corticosteroids and tamoxifen. *Hellenic Nephrology* 2003; 15: 184-189.
- 34) Vassiliadis T, Leukou E, **Tziomalos K**, Karamitsos D. Severe acute respiratory syndrome. *Hellenic Diabetological Chronicle* 2003; 16(Suppl. 1): 5-22.
- 35) **Tziomalos K**, Perifanis V, Karagiannis A, Krikis N, Semertzidis P, Diakou A, Garipidou V, Harsoulis F. Diagnosis and treatment of visceral leishmaniasis. A review of six patients. *Hippokratia* 2003; 7: 125-131.
- 36) Garipidou V, Perifanis V, **Tziomalos K**, Vakalopoulou S, Zagris T, Galiagusi E. Flashes in clinical haematology-case 26. *Haema* 2003; 6: 546-547.
- 37) Karagiannis A, Patsiaoura K, Nikolaidis N, Giouleme O, **Tziomalos K**, Mavroudis N, Evgenidis N, Zamboulis C. Focal nodular hyperplasia of the liver in a patient with primary hyperaldosteronism. Case report. *Surgical Chronicles* 2003;8:57-59.

Accepted papers (in press) in Hellenic journals

- 1) **Tziomalos K**, Iliadis F, Goutzioulis A, Karagianni D, Skoutas D, Didangelos T, Papazoglou N. Epidemiology of causes of death. Epidemiology of deaths due to breast and genital cancers in the prefecture of Pieria during 1991-2010. A population-based study. *Hellenic Medicine*.

Chapters in Hellenic books

1. **Tziomalos K**. Endothelial dysfunction and atherosclerosis. In: Thromboembolic diseases. Hatzitolios AI, ed. Rotonta Publishing. 2010. pp. 1-18.

Presentations in Congresses

International Congresses

1. Kakaletsis N, Ntaios G, Milionis H, Chouvarda I, Chytas A, Filos D, **Tziomalos K**, Savopoulos C, Hatzitolios AI. Blood pressure variability in acute ischemic stroke patients: preliminary results of PREVISE study. Poster. 9th World Stroke Congress. Istanbul, Turkey. October 2014. *Int J Stroke* 2014;9(Suppl. 3):84.
2. Kakaletsis N, Milionis H, Ntaios G, Savopoulos C, Makaritsis K, **Tziomalos K**, Dalekos GN, Elisaf M, Hatzitolios AI. Association of circadian blood pressure and heart rate patterns with severity of ischemic stroke: preliminary results. Poster. 9th World Stroke Congress. Istanbul, Turkey. October 2014. *Int J Stroke* 2014;9(Suppl. 3):85.
3. Kakaletsis N, Milionis H, Ntaios G, Chouvarda I, Chytas A, **Tziomalos K**, Filos D, Savopoulos C, Hatzitolios AI. The impact of beta-blockers on blood pressure variability in acute ischemic stroke: preliminary results of the PREVISE study. Poster. 9th World Stroke Congress. Istanbul, Turkey. October 2014. *Int J Stroke* 2014;9(Suppl. 3):86.
4. **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Savopoulos C, Hatzitolios AI. Effects of Antidiabetic Agents on Long-Term Functional Outcome and Cardiovascular Events in Patients with Acute Ischemic Stroke. Guided Audio Tour poster. 74th Scientific Sessions of the American Diabetes Association. San Francisco, USA. June 2014. *Diabetes* 2014;63(Suppl. 1):A110.
5. Chasapidou M, Tzotzas T, Pagkalos I, **Tziomalos K**, Papadimitriou K. Mediterranean-type Nutrition Intervention Program in Greek Municipalities for Patients with Cardiometabolic Diseases (Food 4Health Study). Poster. 74th Scientific Sessions of the American Diabetes Association. San Francisco, USA. June 2014. *Diabetes* 2014;63(Suppl. 1):A386.
6. **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Dourliou V, Kazantzidou P, Kostaki S, Savopoulos C, Hatzitolios AI. Acute-phase blood pressure variability and short-term outcome in patients hospitalized for ischemic stroke. Oral presentation. Joint 24th European Meeting on Hypertension and Cardiovascular Protection and 25th Scientific Meeting of the International Society of Hypertension. Athens, Greece. June 2014. *J Hypertens* 2014;32(e-supplement 1):21.

7. Apostolopoulou M, Kanellos I, Savopoulos C, Theodoridis A, Mavroudis S, Kakaletsis N, Stavropoulos K, Tziola T, Tzamourani C, Fotiadou H, **Tziomalos K**, Hatzitolios A. Correlation of sex, anthropometric measurements and compliance to antihypertensive treatment with bp control in hypertensive patients. Poster. Joint 24th European Meeting on Hypertension and Cardiovascular Protection and 25th Scientific Meeting of the International Society of Hypertension. Athens, Greece. June 2014.
8. **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Savopoulos C, Hatzitolios AI. Less aggressive compared with more aggressive statin treatment in patients with acute ischemic stroke. Poster. 82nd European Atherosclerosis Society Congress. Madrid, Spain. June 2014. *Atherosclerosis* 2014;235(2):e262.
9. **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Savopoulos C, Hatzitolios AI. Angiotensin receptor blockers improve functional outcome and reduce all-cause mortality in patients discharged after acute ischemic stroke. Poster. 2014 Annual Scientific Meeting and Exposition of the American Society of Hypertension. New York, USA. May 2014. *J Am Soc Hypertens* 2014;8 Suppl 4:e139.
10. **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Dourliou V, Kazantzidou P, Kostaki S, Savopoulos C, Hatzitolios AI. Effects of anticoagulant treatment on acute ischemic stroke severity and outcome in patients with atrial fibrillation. Oral Presentation. 23rd European Stroke Conference. Nice, France. May 2014. *Cerebrovasc Dis* 2014;37(Suppl. 1):55.
11. Kakaletsis N, Ntaios G, Milionis H, Savopoulos C, Makaritsis K, **Tziomalos K**, Dalekos GN, Elisaf M, Hatzitolios AI. Circadian blood pressure and heart rate patterns in acute ischemic stroke and their relationship with short term mortality: preliminary results. Poster. 23rd European Stroke Conference. Nice, France. May 2014. *Cerebrovasc Dis* 2014;37(Suppl. 1):691.
12. Macut D, Bozic Antic I, Bjekic-Macut J, Vojnovic Milutinovic D, Stanojlovic O, Kastratovic-Kotlica B, Petakov M, Ilic D, **Tziomalos K**, Panidis D. Liver enzymes in normal-weight women with polycystic ovary syndrome. 16th European Congress of Endocrinology. Poster. Wroclaw, Poland. May 2014. *Endocrine Abstracts* 2014;35:P623.
13. Athyros VG, Ganotakis E, Kolovou GD, Nicolaou V, Achimastos A, Bilianou E, Alexandrides T, Karagiannis A, Paletas K, Liberopoulos EN, **Tziomalos K**, Petridis D, Kakafika A, Elisaf MS, Mikhailidis DP; Assessing The Treatment Effect in Metabolic Syndrome Without Perceptible Diabetes (ATTEMPT) Collaborative. Assessing the treatment effect in metabolic syndrome without perceptible diabetes (ATTEMPT): a prospective-randomized study in middle aged men and women. Poster. 18th Annual Meeting of the Israeli Society for Research, Prevention and Treatment of Atherosclerosis. Eilat, Israel. October 2013. *Atherosclerosis* 2014;233(1):327.
14. **Tziomalos K**, Giampatzis V, Bouziana S, Spanou M, Papadopoulou M, Kostaki S, Magkou D, Iliadis F, Savopoulos C, Hatzitolios AI. The prognostic significance of nonalcoholic fatty liver disease in patients with acute ischemic stroke. Oral Presentation. 12th European Congress of Internal Medicine. Prague, Czech Republic. October 2013. *Eur J Intern Med* 2013; 24 Supplement 1: e48.

15. **Tziomalos K**, Bouziana S, Spanou M, Pavlidis A, Giampatzis V, Papadopoulou M, Boutari C, Magkou D, Iliadis F, Savopoulos C, Hatzitolios A. Impact of established and undiagnosed type 2 diabetes mellitus on acute ischaemic stroke severity and outcome. Poster. 49th Annual Meeting of the European Association for the Study of Diabetes. Barcelona, Spain. September 2013.
16. **Tziomalos K**, Bouziana S, Pavlidis A, Spanou M, Giampatzis V, Papadopoulou M, Giannakidou F, Iliadis F, Didangelos T, Savopoulos C, Hatzitolios AI. Prior treatment with dipeptidyl-peptidase iv inhibitors is associated with favorable outcome in patients with acute ischemic stroke. Guided Audio Tour poster. 73rd Scientific Sessions of the American Diabetes Association. Chicago, USA. Diabetes 2013; 62(Suppl. 1);A312. June 2013.
17. **Tziomalos K**, Bouziana SD, Spanou M, Pavlidis A, Giampatzis V, Papadopoulou M, Kagelidis G, Magkou D, Savopoulos C, Hatzitolios AI. Association between blood pressure at admission and acute ischemic stroke severity and outcome. Oral presentation. 23rd European Meeting of Hypertension. Milan, Italy. J Hypertens 2013; 31(e-Suppl. A): e55. June 2013.
18. **Tziomalos K**, Bouziana SD, Spanou M, Pavlidis A, Giampatzis V, Papadopoulou M, Kagelidis G, Kouparanis A, Savopoulos C, Hatzitolios AI. Effects of prior treatment with antiplatelets on ischemic stroke severity and outcome. Poster. 22nd European Stroke Conference. London, Great Britain. May 2013.
19. **Tziomalos K**, Bouziana SD, Pavlidis A, Spanou M, Giampatzis V, Boutari C, Kagelidis G, Papadopoulou M, Savopoulos C, Hatzitolios AI. Effects of pretreatment with different antihypertensive agents on the outcome of patients with acute ischemic stroke. Poster. 2013 Annual Scientific Meeting and Exposition of the American Society of Hypertension. San Fransisco, USA. J Clin Hypertens 2012;15 Suppl 1:199. May 2013.
20. Spanos N, **Tziomalos K**, Macut D, Koiou E, Kandaraki EA, Delkos D, Tsourdi E, Macut JB, Panidis D. The effect of weight loss on the levels of adipokines in obese patients with polycystic ovary syndrome. Poster. International Symposium on Advances in Polycystic Ovary Syndrome. Belgrade, Serbia. November 2012.
21. Panidis D, **Tziomalos K**, Papadakis E, Katsikis I, Karkanaki A, Macut D. Effects of sibutramine on cardiovascular risk factors and circulating androgens in patients with polycystic ovary syndrome. Poster. International Symposium on Advances in Polycystic Ovary Syndrome. Belgrade, Serbia. November 2012.
22. **Tziomalos K**, Bouziana S, Giampatzis V, Pavlidis A, Spanou M, Papadopoulou M, Doumarapis E, Kakaletsis N, Savopoulos C, Hatzitolios AI. Prognostic value of arterial stiffness indices in patients with acute ischemic stroke. Poster. Artery 2012. Vienna, Austria. October 2012. Artery Research 2012;6(4):200.
23. Chrisoulidou A, Vasileiadis T, Iliadou P, Mitsakis P, Mathiopoulou L, Mandanas S, Boudina M, **Tziomalos K**, Michalakis K, Pazaitou-Panayiotou K. Histological features of thyroid cancer in childhood and adolescence. Poster. 15th International Congress of Endocrinology and 14th European Congress of Endocrinology. Florence, Italy. May 2012. Endocrine Abstract 2012;29:P1836.

24. **Tziomalos K**, Bouziana SD, Sidera P, Bougatsa V, Pavlidis A, Dourliou V, Papadopoulou M, Giampatzis V, Kagelidis G, Apostolopoulou M, Savopoulos C, Hatzitolios AI. Predictors of in-hospital outcome in patients with ischemic stroke. Poster. 21st European Stroke Conference. Lisbon, Portugal. May 2012.
25. Dimitroula H, Baltatzi M, Dalamanga E, Giannakoulas G, Dimitroulas T, **Tziomalos K**, Savopoulos C, Karvounis H, Hatzitolios AI. Effect of renin-angiotensin system inhibitors on echocardiographic parameters of left ventricular function in patients with mild essential hypertension. Poster. 2012 Annual Scientific Meeting and Exposition of the American Society of Hypertension. New York, USA. *J Clin Hypertens* 2012;14 Suppl 1:190. May 2012.
26. **Tziomalos K**, Baltatzi M, Bouziana S, Tsoutsikas V, Kirkineska L, Hatzopoulos A, Sidera P, Bougatsa V, Pavlidis A, Dimitroula H, Savopoulos C, Hatzitolios AI. Effects of antihypertensive treatment on anthropometric and metabolic parameters. Poster. 2012 Annual Scientific Meeting and Exposition of the American Society of Hypertension. New York, USA. *J Clin Hypertens* 2012;14 Suppl 1:174. May 2012.
27. Baltatzi M, Dimitroula C, Iliadis F, Apostolopoulou M, **Tziomalos K**, Savopoulos C, Hatzitolios A. The role of NPY in the atherosclerotic process and its correlation with BMI and hypertension in overweight individuals. Poster. 22nd European Meeting of Hypertension. London, UK. *J Hypertens* 2012; 30(e-Suppl. A): e361. April 2012.
28. **Tziomalos K**, Baltatzi M, Bouziana S, Tsoutsikas V, Kirkineska L, Hatzopoulos A, Sidera P, Bougatsa V, Pavlidis A, Savopoulos C, Hatzitolios AI. Metabolic effects of antihypertensive agents in everyday clinical practice. Poster. 22nd European Meeting of Hypertension. London, UK. *J Hypertens* 2012; 30(e-Suppl. A): e510. April 2012.
29. Iliadou PK, Doumala E, Mathiopoulou L, **Tziomalos K**, Mitsakis P, Fotareli A, Chrisoulidou A, Boudina M, Pazaitou-Panayiotou K. The rising incidence of thyroid cancer is mainly due to an increase in clinical cancers: a 40-year study in 1778 patients. Poster. 35th Annual Meeting of the European Thyroid Association. Krakow, Poland. September 2011.
30. Tzotzas T, Karras S, Gautier T, Deckert V, **Tziomalos K**, Kaltsas T, Lagrost L. Exploring the contribution of plasma CETP to the modulation of HDL cholesterol during niacin administration in diabetic patients with dyslipidemia. Poster. 79th Congress of the European Atherosclerosis Society. Gothenburg, Sweden. June 2011. *Atherosclerosis Supplements* 2011;12(1):184.
31. Agapakis DI, Savopoulos C, **Tziomalos K**, Massa EV, Katsiki N, Satsoglou E, Hatzitolios AI. The effect of rosuvastatin treatment on d-dimer levels in obese patients with primary dyslipidemia. Poster. 79th Congress of the European Atherosclerosis Society. Gothenburg, Sweden. June 2011. *Atherosclerosis Supplements* 2011;12(1):114.
32. **Tziomalos K**, Baltatzi M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Bougatsa V, Kirkineska L, Savopoulos C, Hatzitolios AI. Combination antihypertensive treatment in the general hypertensive population: renin-angiotensin-aldosterone system inhibitors with diuretics or with calcium channel blockers? Poster. 21st European Meeting of Hypertension. Milan, Italy. *J Hypertens* 2011; 29(Suppl. A): e277. June 2011.
33. **Tziomalos K**, Baltatzi M, Apostolopoulou M, Efthymiou E, Psianou K, Magkou D, Katsiki N, Ntaios G, Savopoulos C, Hatzitolios AI. Risk factors

- for ischemic stroke among hypertensive patients. Poster. 20th European Stroke Conference. Hamburg, Germany. May 2011.
34. **Tziomalos K**, Baltatzi M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Bougatsa V, Kirkineska L, Savopoulos C, Hatzitolios AI. Angiotensin converting enzyme inhibitors or angiotensin receptor blockers as first-line treatment in patients with uncomplicated hypertension? Poster. 26th Annual Scientific Meeting and Exposition of the American Society of Hypertension New York, USA. *Journal of Clinical Hypertension* 2011;13(Suppl. 1):A77-A78. May 2011.
 35. Agapakis D, Tsantilas D, Psarris P, Massa E, Kotsaftis P, **Tziomalos K**, Hatzitolios AI. Contribution of AT-III and protein C to the assessment of severity of community-acquired pneumonia. Poster. Annual Congress of the European Respiratory Society. Spain, Barcelona. September 2010.
 36. Agapakis D, Tsantilas D, Psarris P, Massa E, Kotsaftis P, **Tziomalos K**, Hatzitolios AI. Admission CRP and D-dimer levels can identify high-risk patients with community-acquired pneumonia. Poster. Annual Congress of the European Respiratory Society. Spain, Barcelona. September 2010.
 37. **Tziomalos K**, Baltatzi M, Efthymiou E, Psianou K, Zervopoulos G, Papastergiou N, Magkou D, Kagelidis G, Karlafti E, Savopoulos C, Hatzitolios AI. Low referral rates of hypertensive patients with type 2 diabetes mellitus to specialized hypertension clinics. Poster. 70th Scientific Sessions of the American Diabetes Association. Orlando, USA. June 2010.
 38. **Tziomalos K**, Baltatzi M, Psianou K, Efthymiou E, Zervopoulos G, Papastergiou N, Magkou D, Kagelidis G, Karlafti E, Agapakis D, Savopoulos C, Hatzitolios AI. Female hypertensive patients have more adverse cardiovascular risk profile and more difficult-to-manage hypertension than hypertensive men. Poster. 20th European Meeting of Hypertension. Oslo, Norway. June 2010. *Journal of Hypertension* 2010; 28: e314.
 39. Agapakis D, Papagianni M, Katsiki N, **Tziomalos K**, Savopoulos C, Satsoglou A, Hatzitolios A. Effectiveness of Omacor monotherapy in severe hypertriglyceridemia. Poster. 78th Congress of the European Atherosclerosis Society. Hamburg, Germany. June 2010. *Atherosclerosis Supplements* 2010;12(1):110-111.
 40. Katsiki N, Baltatzi M, Savopoulos C, **Tziomalos K**, Kounanis A, Karlafti E, Hatzitolios AI. Antihypertensive treatment in non-elderly patients with or without coronary heart disease and/or diabetes mellitus: what happens in real life? Poster. 25th Annual Scientific Meeting and Exposition of the American Society of Hypertension. New York, USA. May 2010.
 41. Baltatzi M, Savopoulos C, **Tziomalos K**, Katsiki N, Koliakos G, Hatzitolios AI. Correlation of neuropeptide Y serum levels and ankle brachial index as an index of atherosclerosis. Poster. 25th Annual Scientific Meeting and Exposition of the American Society of Hypertension. New York, USA. May 2010.
 42. **Tziomalos K**, Baltatzi M, Efthymiou E, Psianou K, Papastergiou N, Magkou D, Zervopoulos G, Kagelidis G, Karlafti E, Savopoulos C, Hatzitolios AI. The metabolic syndrome is a risk factor for resistant hypertension. Poster. 25th Annual Scientific Meeting and Exposition of the American Society of Hypertension. New York, USA. May 2010.
 43. **Tziomalos K**, Papastergiou N, Psianou K, Raptis I, Siehou E, Merakis I, Pavlidis A, Fotiadis S, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI.

- Statin treatment and reaching low density lipoprotein cholesterol targets in elderly patients with ischemic stroke. Poster. 19th European Stroke Conference. Barcelona, Spain. May 2010.
44. **Tziomalos K**, Psianou P, Konstantakou A, Raptis I, Hatzopoulos A, Jordanidou I, Apostolopoulou M, Nikopoulou A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Anticoagulation management in patients with atrial fibrillation. Poster. 19th European Stroke Conference. Barcelona, Spain. May 2010.
 45. **Tziomalos K**, Psianou K, Papastergiou N, Raptis I, Merakis I, Siehou E, Pavlidis A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Statin treatment and reaching low density lipoprotein cholesterol targets in elderly patients. Poster. International Conference on Early Disease Detection and Prevention. Munich, Germany. February 2010.
 46. Takeuchi RM, **Tziomalos K**, Takeuchi LM, Hurtado M, Song Y, Treuer A, Dulce R, Block NL, Ferenc R, Hu Q, Varga JL, Schally AV, Hare JM. Growth-hormone-releasing-hormone (GHRH) agonist as a potential cardioprotective agent in rats with post-myocardial infarction (MI). Poster. American Heart Association Scientific Sessions 2009. Orlando, USA. November 2009. *Circulation* 2009; 120: S868.
 47. Bougoulia M, **Tziomalos K**, Krassas GE. Orlistat increases the antioxidant potential in obese women: a prospective controlled study. Poster. 3rd Balkan Congress on Obesity. Thessaloniki, Greece. October 2008.
 48. Tzotzas T, Kapantais E, Kaklamanou M, **Tziomalos K**, Hassapidou M, Kaklamanos I. The index waist-to-height ratio (WHTR) in childhood obesity: results from the panhellenic survey. Poster. 3rd Balkan Congress on Obesity. Thessaloniki, Greece. October 2008.
 49. Tzotzas T, Kapantais E, Kaklamanou M, **Tziomalos K**, Hassapidou M, Kaklamanos I. The index waist-to-height ratio (WHTR) in adolescent obesity: results from the panhellenic survey. Oral presentation. 3rd Balkan Congress on Obesity. Thessaloniki, Greece. October 2008.
 50. Pontikides N, Papadopoulou F, Dumas A, Bougoulia M, **Tziomalos K**, Krassas GE. Visfatin and eotaxin levels in states of thyroid dysfunction: relationship with body weight and composition alterations after achievement of euthyroidism. Oral presentation. 3rd Balkan Congress on Obesity. Thessaloniki, Greece. October 2008.
 51. Pontikides N, Papadopoulou F, Dumas A, Bougoulia M, **Tziomalos K**, Krassas GE. Eotaxin and visfatin levels and their correlation with somatometric parameters in hyper- and hypothyroidism before and after treatment. Poster. 33rd Annual Meeting of the European Thyroid Association. Porto Carras, Greece. September 2008.
 52. Papadopoulou F, Pontikides N, Kaltsas T, **Tziomalos K**, Karras S, Kaprara A, Stafilidou A, Krassas GE. Body weight and composition changes after short-term medical treatment of thyroid dysfunction. Poster. 33rd Annual Meeting of the European Thyroid Association. Porto Carras, Greece. September 2008.
 53. Krassas GE, Pontikides N, Papadopoulou F, **Tziomalos K**, Zegeniadou T, Hammadeh M. Hypothyroidism has an adverse effect on human spermatogenesis: a prospective, controlled study. Oral presentation. 33rd Annual Meeting of the European Thyroid Association. Porto Carras, Greece. September 2008.

54. Vassiliadis T, Giouleme O, Koumerkeridis G, Koumaras C, **Tziomalos K**, Patsiaoura K, Mpoumponaris A, Gkisakis D, Theodoropoulos K, Grammatikos N, Panderi A, Nikolaidis N, Evgenidis N. Adefovir dipivoxil plus lamivudine combination treatment is superior to adefovir dipivoxil monotherapy in lamivudine-resistant hepatitis B e antigen-negative chronic hepatitis B patients". Poster. 58th Annual Meeting of the American Association for the Study of Liver Diseases. Boston, USA. November 2007. *Hepatology* 2007; 46 (Suppl. 1); 662A-663A.
55. Krassas GE, Pontikides N, **Tziomalos K**, Dumas A, Papadopoulou F. Erectile dysfunction in stages of thyroid alteration: a detailed investigation. Poster. 32nd Annual Meeting of the European Thyroid Association. Leipzig, Germany. September 2007.
56. Athyros VG, Liberopoulos E, **Tziomalos K**, Mikhailidis DP, Papageorgiou A, Ganotakis E, Kakafika AI, Karagiannis A, Lambropoulos S, Elisaf M. Association of drinking pattern and alcohol beverage with the prevalence of metabolic syndrome, diabetes, coronary heart disease, stroke, and peripheral arterial disease in a Mediterranean cohort. Poster. European Society of Cardiology Congress 2007. Vienna, Austria. September 2007. *European Heart Journal* 2007; 28(Suppl. 1): 851.
57. Athyros VG, Mikhailidis DP, Papageorgiou AA, Didangelos T, Peletidou A, Kleta D, Karagiannis A, Kakafika AI, **Tziomalos K**, Elisaf M. Targeting vascular risk in patients with metabolic syndrome but without diabetes. Poster. European Society of Cardiology Congress 2007. Vienna, Austria. September 2007. *European Heart Journal* 2007; 28(Suppl. 1): 848.
58. **Tziomalos K**, Sevastidou J, Pitsis A, Karagiannis A, Kyriazis G, Kataropoulou M, Mpalaska A, Athyros VG, Basayannis E. The potential predictive value of preoperative brain natriuretic peptide levels in patients undergoing coronary artery bypass grafting surgery. Poster. European Society of Cardiology Congress 2007. Vienna, Austria. September 2007. *European Heart Journal* 2007; 28(Suppl. 1): 356.
59. Athyros VG, Mikhailidis DP, Kakafika AI, Papageorgiou AA, **Tziomalos K**, Skaperdas A, Pankourelis E, Pirpasopoulou A, Karagiannis A. Effect of statin treatment on plasma triglycerides and vascular events in coronary heart disease patients with or without metabolic syndrome. Poster. European Society of Cardiology Congress 2007. Vienna, Austria. September 2007. *European Heart Journal* 2007; 28(Suppl. 1): 340.
60. Athyros VG, Mikhailidis DP, Liberopoulos EN, Kakafika AI, Karagiannis A, Papageorgiou AA, **Tziomalos K**, Ganotakis ES, Elisaf M. Effect of statins on renal function and serum uric acid and their relation to recurrent vascular events in coronary heart disease patients with or without metabolic syndrome. Poster. European Society of Cardiology Congress 2007. Vienna, Austria. September 2007. *European Heart Journal* 2007; 28(Suppl. 1): 66.
61. Athyros VG, Liberopoulos E, Mikhailidis DP, Papageorgiou A, Ganotakis E, **Tziomalos K**, Kakafika AI, Karagiannis A, Hatzitolios A, Elisaf M. Association of drinking pattern with the prevalence of metabolic syndrome, diabetes, coronary heart disease, stroke, and peripheral arterial disease. Poster. 76th Congress of the European Atherosclerosis Society. Helsinki, Finland. June 2007. *Atherosclerosis Supplements* 2007; 8: 165-166.
62. Athyros VG, Mikhailidis DP, Liberopoulos EN, Kakafika AI, Karagiannis A, Papageorgiou AA, **Tziomalos K**, Ganotakis ES, Elisaf M. Statins on renal

- function and serum uric acid and their relation to vascular events in coronary heart disease and metabolic syndrome. Poster. 76th Congress of the European Atherosclerosis Society. Helsinki, Finland. June 2007. *Atherosclerosis Supplements* 2007; 8: 180.
63. Krassas GE, Pontikides N, **Tziomalos K**, Dumas A, Papadopoulou F. Erectile dysfunction in stages of thyroid alteration: a detailed investigation. Poster. Endocrine Society 89th Annual Meeting. Toronto, Canada. June 2007.
 64. Krassas GE, **Tziomalos K**, Marthopoulos A, Pontikides N, Lewy H, Laron Z. Being born in winter is a risk factor for developing autoimmune thyroid disease". Poster. 31st Annual Meeting of the European Thyroid Association. Naples, Italy. September 2006.
 65. Sampanis C, **Tziomalos K**, Zografou I, Koulas G, Kountana E, Kakavas N, Balaska A, Karagiannis A, Zamboulis C. Synergistic action of pioglitazone and statins on lipid parameters. Poster. 66th Scientific Sessions of the American Diabetes Association. Washington, USA. September 2006.
 66. Sampanis C, **Tziomalos K**, Kountana E, Kakavas N, Zografou I, Koulas G, Balaska A, Karagiannis A, Zamboulis C. The impact of pioglitazone on heart function in patients with type 2 diabetes mellitus. Poster. 66th Scientific Sessions of the American Diabetes Association. Washington, USA. September 2006.
 67. Koulas G, Sampanis C, **Tziomalos K**, Semertzidis P, Athanasiadou Z, Dogramatzi F, Machera K, Panagiotidou D, Zamboulis C. Comparison of the accuracy of seven home blood glucose meters. Poster. 66th Scientific Sessions of the American Diabetes Association. Washington, USA. September 2006.
 68. Karagiannis A, Semertzidis P, **Tziomalos K**, Kakafika A, Sileli M, Kountana E, Athyros VG, Zamboulis C. Seasonal variation in the occurrence of stroke in Northern Greece. Poster. 14th International Symposium on Atherosclerosis. Rome, Italy. June 2006.
 69. Lefkou E, Ioannidou E, Garipidou V, Vakalopoulou S, Perifanis V, **Tziomalos K**, Athanasiou M, Tsiouris I, Klonizakis I. Pro-inflammatory cytokines and atherosclerosis in children. Poster. 11th Congress of the European Hematology Association. Amsterdam, Netherlands. June 2006.
 70. Hill M, Szolin S, Symonds L, Gomez J, **Tziomalos K**, Perifanis V, Vakalopoulou S, Garipidou V, Dolan G. Molecular basis of afibrinogenemia in three Greek families. Oral presentation. British Society for Haemostasis and Thrombosis Annual Scientific Meeting. Chester, United Kingdom. September 2005.
 71. Perifanis V, **Tziomalos K**, Vyzantiadis T, Vakalopoulou S, Garipidou V, Athanassiou-Metaxa M, Harsoulis F. The role of osteoprotegerin in the pathogenesis of beta thalassaemia-associated osteoporosis". Poster. 7th European Congress of Endocrinology. Göteborg, Sweden. September 2005.
 72. Perifanis V, Vyzantiadis T, Vakalopoulou S, **Tziomalos K**, Garipidou V, Athanassiou-Metaxa M, Harsoulis F. Effect of zoledronic acid on markers of bone turnover and bone mineral density in osteoporotic patients with beta-thalassaemia. Poster. 7th European Congress of Endocrinology. Göteborg, Sweden. September 2005.
 73. Sileli M, Perifanis V, Vakalopoulou S, **Tziomalos K**, Savvatianos S, Garipidou V. Association between Helicobacter Pylori infection and idiopathic thrombocytopenic purpura. Poster. 10th Congress of the European Hematology Association. Stockholm, Sweden. June 2005.

74. **Tziomalos K**, Vyzantiadis T, Vakalopoulou S, Perifanis V, Sileli M, Leukou E, Garipidou V. The role of leptin in the pathogenesis of idiopathic thrombocytopenic purpura. Poster. 10th Congress of the European Hematology Association. Stockholm, Sweden. June 2005.
75. Karagiannis A, **Tziomalos K**, Kakafika A, Sileli M, Krikis N, Moschou E, Xohellis M, Zamboulis C. Uric acid as a prognostic risk factor in patients with acute stroke. Poster. 20th Annual Scientific Meeting and Exhibition of the American Society of Hypertension. San Francisco, USA. May 2005.
76. Perifanis V, Vyzantiadis T, Vakalopoulou S, **Tziomalos K**, Garipidou V, Athanassiou-Metaxa M, Harsoulis F. Zoledronic acid in the treatment of thalassaemia-associated osteoporosis. Poster. 12th International Congress of Endocrinology. Lisbon, Portugal. September 2004.
77. **Tziomalos K**, Karagiannis A, Krikis N, Sfikas G, Dona K, Zamboulis C. Evaluation of inter-arm differences in blood pressure". Poster. 14th European Meeting on Hypertension. Paris, France. June 2004.
78. Perifanis V, Vyzantiadis T, Vakalopoulou S, **Tziomalos K**, Koussi A, Garypidou V, Athanassiou-Metaxa M, Harsoulis F. Zoledronic acid in the treatment of thalassaemia-associated osteoporosis. Oral presentation. 9th International conference on Thalassaemia and the Haemoglobinopathies & 11th International TIF conference for Parents and Thalassaemics. Palermo, Italy. October 2003.
79. Perifanis V, Vakalopoulou S, Vasiliadis T, **Tziomalos K**, Theodoridou S, Garypidou V. Primary prophylaxis with lamivudine in chronic HBsAg carriers with haematological malignancies. Poster. 8th Congress of the European Hematology Association. Lyon, France. June 2003.
80. Perifanis V, Verrou E, **Tziomalos K**, Vakalopoulou S, Venizelos I, Garypidou V. Treatment of anaemia related to myelodysplastic syndromes with erythropoietin: a trial in 32 patients. Poster. 7th International Symposium on Myelodysplastic Syndromes. Paris, France. May 2003.

Hellenic Congresses

- 1) Krassas GE, Pontikidis N, **Tziomalos K**, Tzotzas T, Zosin I, Vlad M, Luger A, Gessl A, Marculescu R, Toscano V, Morgante S, Papini E, Pirags V, Kondrade I, Muller S, Schomburg L, Hofmann P, Kohrle J. Selenium, selenoprotein P and urine iodine levels in patients with autoimmune and non-autoimmune thyroid diseases: the first study of the endocrinology and metabolism specialty of the European Union of Medical Specialties (UEMS). Oral presentation. 41st Hellenic Congress of Endocrinology and Metabolism. Port Heli, Greece. May 2014.
- 2) Daskalopoulou EG, **Tziomalos K**, Fytas P, Pataka A, Dombros NV. Acute and long-term effects of continuous positive airway pressure treatment on daytime and nighttime urinary albumin excretion in hypertensive patients with obstructive sleep apnoea syndrome. Oral presentation. 29th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2014.
- 3) Papazoglou N, **Tziomalos K**, Makridis H, Karamoschos K, Didangelos T, Hatzitolios AI. Epidemiology of causes of death. Epidemiology of deaths due to neoplasms in the Prefecture of Pieria. Population study between 1991-2010. Oral presentation. 29th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2014.

- 4) **Tziomalos K**, Bouziana S, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Savopoulos C, Hatzitolios AI. Comparative effect of less- and more aggressive statin treatment in patients with acute ischemic stroke. Oral presentation. 6th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2014.
- 5) Kakaletsis N, Ntaios G, Milionis H, Savopoulos C, Makaritsis K, **Tziomalos K**, Dalekos GN, Elisaf M, Hatzitolios AI. Circadian blood pressure and heart rate patterns in acute ischemic stroke and their relationship with short-term mortality: preliminary results. Oral presentation. 6th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2014.
- 6) **Tziomalos K**, Giampatzis V, Bouziana S, Spanou M, Pavlidis A, Papadopoulou M, Boutari C, Magkou D, Savopoulos C, Hatzitolios AI. Impact of prior treatment with different statins on acute ischemic stroke severity and functional outcome. Poster. 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 7) Vraika K, Dampali R, Bouziana S, Spanou M, Giampatzis V, Kazantzidou P, Kostaki S, **Tziomalos K**, Savopoulos C, Hatzitolios AI. Awareness of symptoms and risk factors for stroke in the general population in Greece. Poster. 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 8) **Tziomalos K**, Giampatzis V, Bouziana S, Spanou M, Papadopoulou M, Kostaki S, Magkou D, Iliadis F, Savopoulos C, Hatzitolios AI. Prognostic significance of nonalcoholic fatty liver disease in patients with acute ischemic stroke. Poster. 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 9) **Tziomalos K**, Bouziana S, Spanou M, Kazantzidou P, Iliadis F, Didangelos T, Savopoulos C, Hatzitolios AI. Impact of undiagnosed and established type 2 diabetes mellitus on ischemic stroke severity and outcome. Oral presentation. 27th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2013.
- 10) **Tziomalos K**, Bouziana S, Pavlidis A, Spanou M, Giampatzis V, Papadopoulou M, Giannakidou F, Iliadis F, Didangelos T, Savopoulos C, Hatzitolios AI. Prior treatment with dipeptidyl-peptidase IV inhibitors is associated with better outcome in acute ischemic stroke. 13th Hellenic Congress on Diabetes. Athens, Greece. March 2013.
- 11) **Tziomalos K**, Giampatzis V, Bouziana S, Pavlidis A, Spanou M, Papadopoulou M, Kagelidis I, Bozikas A, Savopoulos C, Hatzitolios AI. Prognostic value of ankle-brachial index in patients with acute ischemic stroke. 5th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2013.
- 12) **Tziomalos K**, Bouziana S, Spanou M, Pavlidis A, Giampatzis V, Papadopoulou M, Kagelidis I, Magkou D, Tegos T, Savopoulos C, Hatzitolios AI. Association between blood pressure at admission and stroke severity and outcome. Oral presentation. 5th Greek National Stroke Conference. Thessaloniki, Greece. March 2013.
- 13) **Tziomalos K**, Bouziana S, Pavlidis A, Spanou M, Giampatzis V, Boutari C, Kagelidis I, Papadopoulou M, Papakala E, Savopoulos C, Hatzitolios AI. Effects of prior antihypertensive treatment on stroke severity and outcome. Oral presentation, 14th Hellenic Congress on Hypertension. Thessaloniki, Greece. March 2013.

- 14) Didangelos T, **Tziomalos K**, Iliadis F, Margaritidis C, Merakis I, Divani M, Hatzitolios AI. Efficacy and safety of fenofibrate/ezetimibe combination in patients with type 2 diabetes mellitus and combined dyslipidemia. Poster. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 15) **Tziomalos K**, Bouziana S, Giampatzis V, Pavlidis A, Spanou M, Papadopoulou M, Doumarapis E, Kakaletsis N, Iliadis F, Savopoulos C, Hatzitolios AI. Predictive role of arterial stiffness in patients with acute ischemic stroke. Oral presentation. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 16) **Tziomalos K**, Bouziana S, Sidera P, Mpougatsa V, Pavlidis A, Papadopoulou M, Giampatzis V, Spanou M, Didangelos T, Savopoulos C, Hatzitolios AI. Predictors of in-hospital outcome in patients with acute ischemic stroke. Poster. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 17) **Tziomalos K**, Bouziana S, Pavlidis A, Giampatzis V, Mpougatsa V, Sidera P, Mouxsiadis D, Koulara P, Perifanis V, Savopoulos C, Hatzitolios AI. Effects of previous antiplatelet treatment on the outcome of patients with acute ischemic stroke. Poster. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 18) Panidis D, **Tziomalos K**, Papadakis E, Kandaraki EA, Tsourdi EA, Katsikis I. Prevalence of metabolic syndrome in women with polycystic ovary syndrome. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 19) Panidis D, **Tziomalos K**, Misichronis G, Papadakis E, Karkanaki A, Kandaraki EA, Tsourdi EA, Katsikis I. The effect of age on the phenotype and the endocrine, metabolic and ultrasonographic features of the polycystic ovary syndrome. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 20) Mathiopoulou L, Mandanas S, Panagiotou G, Mpountina M, Doumala E, Iliadou P, Mitsakis P, **Tziomalos K**, Chrysoulidou A, Pazaitou-Panagiotou K. Effects of anthropometric characteristics and dietary habits on the incidence of thyroid cancer. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 21) Chrysoulidou A, Vassiliadis T, Iliadou P, Mitsakis P, Mathiopoulou L, Mandanas S, Mpountina M, **Tziomalos K**, Abrahamian A, Pazaitou-Panagiotou K. Histological characteristics of thyroid cancer in children and adolescents. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 22) Tzotzas T, Liappi M, **Tziomalos K**, Papadopoulou F, Bougoulia M, Kintiraki E, Tapanas G, Karras S, Krassas G, Efthimiou I. Metabolic syndrome during the management of acromegaly. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 23) Mandanas S, Panagiotou G, Mpountina M, Doumala E, Iliadou P, Mathiopoulou L, Mitsakis P, **Tziomalos K**, Chrysoulidou A, Pazaitou-Panagiotou K. The effect of waist to hip ratio and height on the incidence of thyroid cancer. Oral presentation. 9th Hellenic Medical Congress of Obesity. Athens, Greece. March 2012.
- 24) Polymeris A, **Tziomalos K**, Chatzis P, Papadakis E, Katsikis I, Panidis D. The role of obesity and polycystic ovary syndrome in the prevalence of metabolic

- syndrome. Oral presentation. 9th Hellenic Medical Congress of Obesity. Athens, Greece. March 2012.
- 25) Tzotzas T, Liappi M, **Tziomalos K**, Pontikidis N, Kaltsas T, Papadopoulou F, Bougoulia M, Krassas G, Efthimiou I. Obesity and metabolic syndrome during the management of acromegaly. Oral presentation. 9th Hellenic Medical Congress of Obesity. Athens, Greece. March 2012.
 - 26) Panidis D, **Tziomalos K**, Papadakis E, Mikhailidis K, Tantanasis T, Katsikis I. Prevalence of metabolic syndrome in women with polycystic ovary syndrome. Oral presentation. 27th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2012.
 - 27) **Tziomalos K**, Iliadis F, Goutzioulis A, Karagianni D, Skoutas D, Didangelos T, Papazoglou N. Epidemiology of deaths of women due to breast and gynecologic cancer in the Prefecture of Pieria between 1991-2010. Oral presentation. 27th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2012.
 - 28) **Tziomalos K**, Bouziana S, Sidera P, Mpougatsa V, Pavlidis A, Dourliou V, Giampatzis V, Kagelidis I, Agapakis D, Fotiadis S, Savopoulos C, Hatzitolios AI. Effects of prior treatment with statins on the severity and outcome of ischemic stroke. Oral presentation. 4th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2012.
 - 29) **Tziomalos K**, Baltatzi M, Bouziana S, Tsoutsikas V, Kirkineska L, Hatzopoulos A, Sidera P, Mpougatsa V, Pavlidis A, Apostolopoulou M, Dimitroula C, Savopoulos C, Hatzitolios AI. Effects of antihypertensive treatment on anthropometric and metabolic parameters in everyday clinical practice. Oral presentation. 4th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2012.
 - 30) **Tziomalos K**, Baltatzi M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Mpougatsa V, Kirkineska L, Myrou A, Savopoulos C, Hatzitolios AI. The effects of the major classes of antihypertensive agents on the lipid profile. Poster. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
 - 31) Athyros VG, Karagiannis A, Ganotakis ES, Paletas K, Nicolaou V, Bacharoudis G, **Tziomalos K**, Alexandrides T, Liberopoulos EN, Mikhailidis DP; for the ATTEMPT Collaborative Group. Association between the changes in renal function and serum uric acid levels during multifactorial intervention and clinical outcome in patients with metabolic syndrome. A post hoc analysis of the ATTEMPT study. Poster. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
 - 32) Athyros VG, Hatzitolios AI, Karagiannis A, Katsiki N, **Tziomalos K**, Petridis D, Savopoulos C, Didangelos TD, Kakafika A, Mikhailidis DP. Improving the implementation of current guidelines for the management of four major coronary artery disease risk factors by veering old habits. The IMPERATIVE renal analysis. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
 - 33) Athyros VG, Elisaf M, Alexandrides T, Achimastos A, Ganotakis ES, Bilianou E, Karagiannis A, Liberopoulos EN, **Tziomalos K**, Mikhailidis DP; for the ATTEMPT Collaborative Group. The long-term impact of multifactorial treatment on the incidence of new onset diabetes and related cardiovascular events in patients with metabolic syndrome. A post hoc analysis of the

- ATTEMPT study. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 34) Athyros VG, Pitsavos C, Giouleme O, Ganotakis ES, Achimastos A, Elisaf M, **Tziomalos K**, Petridis D, Karagiannis A, Mikhailidis DP; for the ATTEMPT Collaborative Group. Safety and impact on cardiovascular events of long-term multifactorial treatment in patients with metabolic syndrome and abnormal liver function tests: a post hoc analysis of the ATTEMPT study. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 35) Athyros VG, Ganotakis ES, Kolovou G, Nikolaou V, Achimastos A, Bilianou E, Alexandrides T, Karagiannis A, Paletas K, Liberopoulos EN, **Tziomalos K**, Petridis D, Kakafika A, Elisaf MS, Mikhailidis DP; for the ATTEMPT Collaborative. Assessing the treatment effect in metabolic syndrome without perceptible diabetes (ATTEMPT). A prospective-randomized study in middle aged men and women. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 36) **Tziomalos K**, Baltatzi M, Apostolopoulou M, Efthimiou I, Psianou K, Magkou D, Bouziana S, Katsiki N, Ntaios G, Savopoulos C, Hatzitolios AI. Risk factors for ischemic stroke in hypertensive patients. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 37) **Tziomalos K**, Baltatzi M, Raptis I, Hatzopoulos A, Pavlidis A, Dourliou V, Koulousios K, Sidera P, Myrou A, Savopoulos C, Hatzitolios AI. Estimated cardiovascular risk in hypertensive patients. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 38) **Tziomalos K**, Bouziana S, Pavlidis A, Dourliou V, Koulousios K, Giampatzis V, Kagelidis I, Didangelos T, Savopoulos C, Hatzitolios AI. Stroke severity in patients with type 2 diabetes mellitus. Oral presentation. 25th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2011.
- 39) Tzotzas T, Liappi M, **Tziomalos K**, Pontikidis N, Karampataki M, Kaltsas T, Apostolopoulou D, Efthimiou I. The effects of the management of acromegaly on type 2 diabetes mellitus and the metabolic syndrome. Oral presentation. 25th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2011.
- 40) Tzotzas T, Karras S, Kaltsas T, **Tziomalos K**, Kelepouris Z, Papadopoulou F, Lagrost L, Efthimiou I. The role of cholesterol ester transfer protein in the increase of HDL-cholesterol levels in diabetic patients during treatment with nicotinic acid. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 41) Koiou A, **Tziomalos K**, Dinas K, Katsikis I, Vosnakis C, Delkos D, Kandaraki E, Tsourdi E, Koios G, Panidis D. The effects of weight loss and metformin on serum vaspin levels in women with polycystic ovary syndrome. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 42) Panidis D, **Tziomalos K**, Koiou A, Kandaraki EA, Tsourdi E, Delkos D, Katsikis I, Papadakis E, Koios G. The effect of obesity and polycystic ovary

- syndrome on serum lipocalin-2 levels. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 43) Koiou A, **Tziomalos K**, Katsikis I, Vosnakis C, Kandaraki EA, Tsourdi EA, Delkos D, Papadakis E, Karkanaki A, Panidis D. Platelet microparticles are elevated in the plasma of patients with the phenotypes of polycystic ovary syndrome introduced in 1990 and correlate with serum testosterone levels. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 44) Spanos N, **Tziomalos K**, Koiou A, Karkanaki A, Kandaraki EA, Delkos D, Tsourdi E, Katsikis I, Papadakis E, Panidis D. Adipokines, insulin resistance and hyperandrogenemia in overweight/obese women with polycystic ovary syndrome: the effects of weight loss. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 45) Pazaitou-Panagiotou K, Iliadou PK, Chrysoulidou A, Doumala E, Mpountina M, Mitsakis P, Fotareli A, Mathiopoulou L, **Tziomalos K**. Epidemiology of thyroid cancer in Northern Greece during the last 40 years: change in histological features and increase in incidence. Poster. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 46) Krassas GE, Pontikidis N, Memi E, Bougoulia M, **Tziomalos K**, Mpomporidis K. Serum selenium levels in euthyroid patients with mild ophthalmopathy. Poster. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 47) **Tziomalos K**, Baltatzi M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Mpougatsa V, Kirkineska L, Savopoulos C, Hatzitolios AI. Angiotensin converting enzyme inhibitors or angiotensin receptor blockers as first-line treatment in hypertensive patients? 12th Hellenic Congress on Hypertension. Athens, Greece. March 2011.
- 48) Koiou A, Dinas K, **Tziomalos K**, Toulis K, Kandaraki EA, Kalaitzakis E, Katsikis I, Panidis D. The phenotypes of polycystic ovary syndrome defined by the 1990 diagnostic criteria are associated with higher serum vaspin levels than the phenotypes introduced by the 2003 criteria. Oral presentation. 3rd Hellenic Congress of Gynecological Endocrinology. Athens, Greece. January 2011.
- 49) **Tziomalos K**, Baltatzi M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Mpougatsa V, Kirkineska L, Savopoulos C, Hatzitolios A. Combination antihypertensive treatment: renin-angiotensin-aldosterone system inhibitors with diuretics or with calcium channel blockers? Oral presentation. 3rd Internal Medicine Congress of Central Greece. Larisa, Greece. March 2011.
- 50) Tzotzas T, Karras S, Kaltsas T, Kelepouris Z, **Tziomalos K**, Papadopoulou F, Memi E, Liappi M, Efthimiou I. Safety and tolerability of nicotinic acid/laropiprant in patients with type 2 diabetes mellitus and dyslipidemia. Oral presentation. 24th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2010.
- 51) **Tziomalos K**, Baltatzi M, Savopoulos C, Efthimiou I, Psianou K, Iliadis F, Didangelos T, Hatzitolios A. Impaired fasting glucose is highly prevalent among hypertensive patients but does not appear to increase cardiovascular risk. Oral presentation. 24th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2010.
- 52) Athyros VG, **Tziomalos K**, Gossios TD, Griva T, Anagnostis P, Kargiotis K, Pagourelis ED, Theocharidou E, Karagiannis A, Mikhailidis DP. Safety and

- impact on cardiovascular events of long-term statin treatment in patients with coronary heart disease and abnormal liver tests: a *post hoc* analysis of the GREACE Study. Poster. 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.
- 53) Mpaltatzi M, Savopoulos C, Koliakos G, Katsiki N, **Tziomalos K**, Karlafti E, Hatzitolios A. Correlation between neuropeptide Y and left ventricular hypertrophy and peripheral arterial disease in hypertensive patients. Poster. 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.
- 54) **Tziomalos K**, Baltatzi M, Efthimiou I, Psianou K, Papastergiou N, Magkou D, Zervopoulos G, Karlafti E, Savopoulos C, Hatzitolios A. Prevalence Of Chronic Kidney Disease In Hypertensive Patients With Coronary Heart Disease. Poster. 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.
- 55) **Tziomalos K**, Psianou K, Konstantakou A, Raptis I, Hatzopoulos A, Iordanidou I, Nikopoulou A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Rates of administration of the indicated anticoagulant treatment in patients with atrial fibrillation. Oral presentation. 2nd Congress of Internal Medicine of Central Greece. Larisa, Greece. March 2010.
- 56) Katsiki N, Baltatzi M, Savopoulos C, **Tziomalos K**, Karlafti E, Apostolopoulou M, Myrou A, Pervos I, Hatzitolios A. Efficacy and safety of combined antihypertensive and hypolipidemic treatment in high-risk patients. Poster. 6th Annual Congress of the Atherosclerosis Society of Northern Greece. Thessaloniki, Greece. March 2010.
- 57) Athyros V, Hatzitolios A, Karagiannis A, Didangelos T, Iliadis F, Dolgyras S, Vosnakidis T, Vassiliadis P, Malias I, **Tziomalos K**, Samouilidou M, Mikhailidis D. Initiative for a new diabetes therapeutic approach in a Mediterranean country. Poster. 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 58) Hatzitolios A, Athyros V, Karagiannis A, Savopoulos C, Charalampous C, Kyriakidis G, Milidis T, Papathanakis C, Mpitli A, Vogiatzis I, Ntaios G, Katsiki N, Simeonidis A, **Tziomalos K**, Mikhailidis D. Implementation of strategy for the management of overt dyslipidemia. Poster. 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 59) Karagiannis A, Hatzitolios A, Athyros V, Deligianni K, Charalampous C, Papathanakis C, Theodosiou G, Drakidis T, Hatzikaloudi V, Kamilali C, Matsiras S, Matziris A, Savopoulos C, Baltatzi M, Rudolf J, **Tziomalos K**, Mikhailidis D. Implementation of guidelines for the management of arterial hypertension. Poster. 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 60) Tsantilas D, Hatzitolios A, **Tziomalos K**, Didangelos T, Papadimitriou D, Karamitsos D. The effects of buflomedil on peripheral microangiopathy in patients with type 2 diabetes mellitus and without overt micro- or macroangiopathy. Oral presentation. 23rd Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2009.
- 61) **Tziomalos K**, Papastergiou N, Psianou K, Raptis I, Merakis I, Siehou E, Pavlidis A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Proportion of patients with ischemic stroke receiving statins". Poster. 4th Greek National Stroke Conference. Alexandroupolis, Greece. October 2009.

- 62) **Tziomalos K**, Psianou K, Papastergiou N, Raptis I, Merakis I, Siehou E, Pavlidis A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Statin treatment and reaching low density lipoprotein cholesterol targets in elderly patients with coronary heart disease, ischemic stroke and/or type 2 diabetes mellitus". Poster. 15th Hellenic Congress on Internal Medicine. Athens, Greece. October 2009.
- 63) Anagnostis P, Pagourelas E, Kakafika A, **Tziomalos K**, Papageorgiou A, Athyros V, Karagiannis A. Comparison of eplerenone and spironolactone in the treatment of patients with primary aldosteronism. Oral presentation. 3rd Hellenic Congress on Atherosclerosis. Athens, Greece. December 2008.
- 64) Athyros V, Mikhailidis D, Liberopoulos E, Kakafika A, Karagiannis A, Papageorgiou A, **Tziomalos K**, Ganotakis E, Elisaf M. Effect of statin treatment on renal function and serum uric acid levels and their relation to vascular events in patients with coronary heart disease and metabolic syndrome: A subgroup analysis of the GREEk Atorvastatin and Coronary heart disease Evaluation (GREACE) Study. Oral presentation. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 65) Athyros V, Liberopoulos E, Mikhailidis D, Papageorgiou A, Ganotakis E, **Tziomalos K**, Kakafika A, Karagiannis A, Labropoulos S, Elisaf M. Correlation between the type and degree of alcohol consumption and the incidence of metabolic syndrome, diabetes mellitus, coronary heart disease, stroke, and peripheral artery disease in men and women. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 66) Karagiannis A, **Tziomalos K**, Sileli M, Savvatanos S, Kakafika A, Gosios T, Krikis N, Tsimperidis A, Rentzis S, Moschou E, Xochelis M, Athyros V. Increased uric acid levels represent an independent risk factor of in-hospital fatality in patients with acute stroke. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 67) Sampanis C, **Tziomalos K**, Zografou I, Kountana E, Kakavas N, Douloumpakas I, Pyrpasopoulou A, Koumaras C, Mathiopoulou L, Balaska A, Karagiannis A. The effects of pioglitazone on heart function in patients with type 2 diabetes. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 68) Sampanis C, **Tziomalos K**, Zografou I, Kountana E, Kakavas N, Kontotasios K, Stergiopoulos S, Anagnostis P, Simoulidou E, Balaska A, Karagiannis A. Pleiotropic actions of pioglitazone in patients with type 2 diabetes. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 69) Karagiannis A, Semertzidis P, **Tziomalos K**, Kakafika A, Sileli M, Kountana E, Skaperdas A, Florentin M, Athyros V. Increased incidence of ischemic stroke during winter. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 70) Athyros V, Ganotakis E, Bathianaki M, Monedas M, Goudevenos I, Papageorgiou A, Papathanasiou A, Kakafika A, Liberopoulos E, **Tziomalos K**, Karagiannis A, Mikhailidis D, Elisaf M. Awareness, treatment and control of the metabolic syndrome and its parameters: A multicenter Greek study. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 71) Athyros V, Mikhailidis D, Didangelos T, Giouleme O, Liberopoulos E, Karagiannis A, Kakafika A, **Tziomalos K**, Burroughs AK, Elisaf M. Effect of multifactorial treatment on non-alcoholic fatty liver disease in metabolic

- syndrome: a randomised study. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 72) Tzotzas T, Triantos A, **Tziomalos K**, Kaklamanou M, Pidonia-Manika I, Lagrost L. Lipid-transfer proteins in obese women during weight loss and their effects on HDL cholesterol subfractions. Oral presentation. 6th Hellenic Congress on Obesity. Thessaloniki, Greece. September 2006.
 - 73) Vakalopoulou S, Perifanis V, Lefkou E, **Tziomalos K**, Garipidou V. Inherited hypo- or afibrinogenemia: genetic identification of three cases. Oral presentation. 16th Hellenic Congress on Hematology. Thessaloniki, Greece. November 2005.
 - 74) Poulakos P, Panagiotou A, Mpantios S, **Tziomalos K**, Voliotis K. Diagnosis of hereditary spherocytosis in an elderly patient with hemolytic crisis due to tuberculous pericarditis. Poster. 16th Hellenic Congress on Hematology. Thessaloniki, Greece. November 2005.
 - 75) Sampanis C, Koulas G, Zografou I, Semertzidis P, Tsahouridis A, Karagiannis A, **Tziomalos K**, Zamboulis C. Differences in blood pressure control in patients with type 2 diabetes between primary care and a Center for Diabetes Management of a tertiary hospital. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
 - 76) Koulas G, Sampanis C, **Tziomalos K**, Athanasiadou Z, Dogrammatzi F, Panagiotidou D, Machera K, Zamboulis C. Comparative study of seven blood glucose meters in patients with type 2 diabetes. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
 - 77) Sampanis C, **Tziomalos K**, Kountana E, Kakavas N, Zografou I, Koulas G, Karagiannis A, Zamboulis C. Effects of pioglitazone on heart function and left ventricular mass in patients with type 2 diabetes. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
 - 78) Sampanis C, **Tziomalos K**, Zografou I, Koulas G, Kountana E, Balaska A, Karagiannis A, Zamboulis C. Effects of pioglitazone on the metabolic control in patients with type 2 diabetes. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
 - 79) Vassiliadis T, Patsiaoura K, **Tziomalos K**, Giourtzis T, Giouleme O, Grammatikos N, Rizopoulou D, Nikolaidis N, Katsinelos P, Orfanou-Koumerkeridou E, Evgenidis N. Pegylated interferon- α 2b added to ongoing lamivudine therapy in patients with lamivudine-resistant chronic hepatitis B. Poster. 25th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2005.
 - 80) Vassiliadis T, Garipidou V, Perifanis V, **Tziomalos K**, Giouleme O, Patsiaoura K, Avramidis M, Nikolaidis N, Vakalopoulou S, Tsitouridis I, Antoniadis A, Semertzidis P, Kioumi A, Premetis E, Evgenidis N. Successful management with splenectomy of intractable ascites due to congenital dyserythropoietic anemia type II-induced cirrhosis. Poster. 25th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2005.
 - 81) Hasapis M, Koroniou M, Kollias I, Ntona K, **Tziomalos K**, Pyrpasopoulou A, Vakalopoulou S, Garipidou V, Karagiannis A, Zamboulis C. Thrombocytopenia caused by Cytomegalovirus infection in a pregnant woman

- with systemic lupus erythematosus. Oral presentation. 3rd Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki, Greece. April 2005.
- 82) Hasapis M, Koroniou M, Kollias I, **Tziomalos K**, Ntona K, Kartali N, Zafiriadou E, Karagiannis A, Zamboulis C. Coexistence of bilateral renal artery stenosis and primary aldosteronism in a diabetic patient. Oral presentation. 20th Northern Hellenic Medical Congress. Thessaloniki, Greece. April 2005.
 - 83) **Tziomalos K**. Refractory ascites in a patient with haemosiderosis and dyserythropoietic anemia. Oral presentation. Current topics on Gastroenterology. Thessaloniki, Greece. January 2005.
 - 84) Karagiannis A, Balaska A, **Tziomalos K**, Krikis N, Gerasimidis T, Karamanos D, Papageorgiou A, Zamboulis C. The association between angiotensin converting enzyme gene polymorphism and peripheral arterial disease. Poster. 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
 - 85) Karagiannis A, Avramidis M, Balaska A, **Tziomalos K**, Sfikas G, Vyzantiadis A, Zamboulis C. Plasma B-type natriuretic peptide as a marker of left ventricular hypertrophy in patients with essential hypertension. Poster. 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
 - 86) Karagiannis A, Balaska A, **Tziomalos K**, Kakafika A, Tokalaki-Nikolaidou L, Papageorgiou A, Zamboulis C. Lack of an association between angiotensin converting enzyme gene insertion/deletion polymorphism and ischaemic stroke. Poster. 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
 - 87) Perifanis V, Kartsios C, **Tziomalos K**, Kousi A, Tsatra I, Vlachaki E, Karyda S, Patsiaoura K, Athanasiou-Metaxa M. The significance of liver biopsy in patients with beta thalassaemia. A single-center fifteen-year experience. Oral presentation. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
 - 88) Sfikas G, **Tziomalos K**, Perifanis V, Vakalopoulou S, Kakafika A, Sotiriadis D, Venizelos I, Garipidou V. Skin involvement in a patient with resistant Hodgkin's disease. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
 - 89) Garipidou V, Perifanis V, Vakalopoulou S, Sampani K, Kaloutsi V, Zorbas I, Lefkou E, **Tziomalos K**. Development of multiple myeloma in a patient with chronic myeloid leukemia. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
 - 90) Lefkou E, Perifanis V, Vakalopoulou S, Kalovoulos M, Papagianni A, **Tziomalos K**, Venizelos I, Leontsini M, Garipidou V. Bilateral renal infiltration as the single sign of relapsed acute lymphoblastic leukemia. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
 - 91) Perifanis V, Sfikas G, Stamoulakatou A, **Tziomalos K**, Krikis N, Tsorlalis I, Vakalopoulou S, Garipidou V. Lead poisoning in a patient with hereditary spherocytosis. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
 - 92) Sampanis C, Didangelos T, **Tziomalos K**, Kehagia E, Nakou A, Karamitsos D. Congestive heart failure after treatment with thiazolidinediones. Oral presentation. 18th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2004.

- 93) Vassiliadis T, Nikolaidis N, Giouleme O, **Tziomalos K**, Grammatikos N, Patsiaoura K, Zezos P, Gisakis D, Theodoropoulos K, Orfanou E, Evgenidis N. Adefovir dipivoxil added to ongoing lamivudine in patients with lamivudine-resistant chronic hepatitis B. Poster. 24th Hellenic Congress on Gastroenterology. Athens, Greece. November 2004.
- 94) Moschou E, Xohelis M, **Tziomalos K**, Kakafika A, Sileli M, Ntona K, Krikis N, Sfikas G, Nakou A, Karagiannis A, Zamboulis C. Risk factors and course of 142 patients with stroke. Oral presentation. 19th Northern Hellenic Medical Congress. Thessaloniki, Greece. May 2004.
- 95) **Tziomalos K**, Karagiannis A, Krikis N, Sfikas G, Ntona K, Douloumpakas I, Kehagia E, Randou E, Semertzidis P, Zamboulis C. The value of the simultaneous measurement of blood pressure in both arms. Oral presentation. 19th Northern Hellenic Medical Congress. Thessaloniki, Greece. May 2004.
- 96) Perifanis V, Byzantiadis T, Vakalopoulou S, **Tziomalos K**, Garipidou V, Athanasiou-Metaxa M, Charsoulis F. The effect of zoledronic acid on beta thalassemia-associated osteoporosis. Oral presentation. 31st Hellenic Congress on Endocrinology and Metabolism. Athens, Greece. March 2004.
- 97) **Tziomalos K**, Lefkou E, Samara M, Theodoridou S, Perifanis V, Vakalopoulou S, Psomogeridou-Papakyriazi E, Garipidou V. CD20 as a prognostic factor in chronic lymphocytic leukemia. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 98) Perifanis V, Vakalopoulou S, **Tziomalos K**, Krikis N, Randou E, Venizelos I, Garipidou V. Coexistence of haematological malignancies and solid organ tumors. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 99) Perifanis V, Vakalopoulou S, **Tziomalos K**, Ntona K, Semertzidis P, Garipidou V. Management of Waldenstrom macroglobulinemia with rituximab. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 100) Vakalopoulou S, Dimitriadis D, Perifanis V, **Tziomalos K**, Sfikas G, Sevastidou T, Venizelos I, Garipidou V. Increased prevalence of pulmonary hypertension in patients with myeloproliferative diseases. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 101) Perifanis V, Byzantiadis T, Vakalopoulou S, **Tziomalos K**, Kousi A, Garipidou V, Athanasiou-Metaxa M, Charsoulis F. Management of beta thalassemia-associated osteoporosis with zoledronic acid. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 102) Gisakis D, Nikolaidis N, Giouleme O, Voutsas A, Patsiaoura K, **Tziomalos K**, Evgenidis N. Intestinal lymphangiectasia: experience of the last biennium. Poster. 23th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2003.
- 103) **Tziomalos K**, Vassiliadis T, Perifanis V, Vakalopoulou S, Rizopoulou D, Theodoridou S, Garipidou V. Preemptive lamivudine treatment in HBsAg positive patients undergoing chemotherapy for hematologic malignancies. Poster. 8th Hellenic Congress on Hepatology. Thessaloniki, Greece. May 2003.
- 104) **Tziomalos K**, Krikis N, Sfikas G, Karagiannis A, Antoniadis A, Kostopoulou E, Charsoulis F. Bilateral pheochromocytoma after the incidental diagnosis of hypertension in a young adult. Oral presentation. 8th Hellenic Congress on Hypertension. Thessaloniki, Greece. March 2003.

- 105) Perifanis V, **Tziomalos K**, Vakalopoulou S, Douloumpakas I, Garipidou V. Treatment of patients with idiopathic myelofibrosis with the administration of danazol. Poster. Endocrine and metabolic diseases. Diagnostic and therapeutic methods. Thessaloniki, Greece. October 2002.
- 106) **Tziomalos K**, Verrou E, Perifanis V, Vakalopoulou S, Douloumpakas I, Garipidou V. Treatment of patients with myelodysplastic syndromes with erythropoietin. Poster. Endocrine and metabolic diseases. Diagnostic and therapeutic methods. Thessaloniki, Greece. October 2002.
- 107) **Tziomalos K**, Perifanis V, Vakalopoulou S, Semertzidis P, Bantis C, Garipidou V. Treatment of malignant thrombocythemia with the administration of anagrelide. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 108) Perifanis V, Vakalopoulou S, Venizelos I, **Tziomalos K**, Douloumpakas I, Garipidou V. Treatment of three patients with chronic myeloid leukemia with the administration of imatinib mesylate. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 109) Perifanis V, **Tziomalos K**, Vakalopoulou S, Panagiotou A, Ntona K, Garipidou V. Polycythaemia vera in young adults. Our experience from five patients. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 110) Theodoridou S, Vyzantiadis T, Vakalopoulou S, Perifanis V, **Tziomalos K**, Vyzantiadis A, Garipidou V. Serum vascular endothelial growth factor levels in patients with polycythemia vera. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 111) Perifanis V, Vakalopoulou S, Vassiliadis T, **Tziomalos K**, Theodoridou S, Garipidou V. Prophylactic treatment with lamivudine in hematologic patients with chronic hepatitis B virus infection. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.

Invited lectures in Congresses

International Congresses

- 1) "Medical management of hypercholesterolemia". 8th DIETS-European Federation of the Associations of Dieticians Conference. Athens, Greece. October 2014.
- 2) "Diagnosis and management of resistant hypertension: when we should perform renal denervation in hypertension management". European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients Satellite Symposium and Consensus Meeting. Thessaloniki, Greece. June 2014.
- 3) "Hypertension in the elderly". Satellite Symposium of the 2012 ESH London Hypertension Meeting on "Blood pressure monitoring in cardiovascular medicine and therapeutics". Thessaloniki, Greece. May 2012.
- 4) "Effect of plant stanol ester and a Mediterranean diet on serum lipids and on estimated CVD risk" in "Plant stanol esters – LDL cholesterol lowering and other health benefits". Official Educational Symposium at the 78th Congress of the European Atherosclerosis Society. Hamburg, Germany. June 2010.

Hellenic Congresses

- 1) "Nonalcoholic steatohepatitis: the role of diet and statins". Postgraduate Courses of the Northern Greece Section of the Hellenic Society of Gastroenterology. Thessaloniki. October 2014.
- 2) "Novel lipid-lowering agents: CETP inhibitors, mipomersen and lomitapide". 7th Summer School of the Hellenic Atherosclerosis Society on "Lifestyle changes and pharmacotherapy for the management of cardiovascular disease: dilemmas and perspectives". Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2014.
- 3) "Management of patients with combined dyslipidemia and chronic kidney disease". 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.
- 4) "Aggressive lipid-lowering treatment: when and in which patients?". 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.
- 5) "Lipid-lowering treatment in patients with elevated transaminase levels". 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.
- 6) "High-risk patients and treatment with statins: how early, how much aggressively?". 13th Northern Greece Cardiology Congress. Thessaloniki. May 2014.
- 7) "Statins in low-risk patients". 13th Northern Greece Cardiology Congress. Thessaloniki. May 2014.
- 8) "Management of resistant hypertension". 2st Spring School of Internal Medicine of the Hellenic Society of Medical Education on "Diagnosis and management of metabolic diseases: from physiology to pathology". Metsovo. May 2014.
- 9) "Diagnosis and management of hypokalemia". 1st Winter School of Internal Medicine of the Hellenic Atherosclerosis Society on "Acid-base and electrolyte disorders in high cardiovascular risk patients". Thessaloniki. January 2014.
- 10) "Treatment with statins in patients with chronic kidney disease". 19th Hellenic Congress of Internal Medicine. Athens. December 2013.
- 11) "Metabolic disorders in patients with polycystic ovary syndrome". Educational Symposium on "Endocrine disorders in the everyday clinical practice of internists" of the Internal Medicine Society of Northern Greece and the Hellenic Endocrine Society. Thessaloniki. December 2013.
- 12) "How to choose the appropriate journal for publishing a paper". Educational Seminar of the Annals of Gastroenterology titled "Current issues in medical research and publishing" at the 33rd Hellenic Congress of Gastroenterology. Thessaloniki. December 2013.
- 13) "Lipid-lowering, antihypertensive and antidiabetic treatment in patients with chronic kidney disease". 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 14) "A 74-year-old patient with ischemic stroke and newly diagnosed atrial fibrillation". 21st Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2013.
- 15) "Guidelines for the management of dyslipidemia and their implementation in everyday clinical practice. Secondary prevention and presentation of

- interesting cases". 21st Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2013.
- 16) "How to write a review and a case report". 21st Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2013.
 - 17) "Cardiovascular disease prevention in patients with chronic inflammatory diseases". 6th Summer School of the Hellenic Atherosclerosis Society on "Pharmacotherapy for the prevention and management of cardiovascular disease in special populations". Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2013.
 - 18) "Antiplatelet agents. Groups – indications – dilemmas". Spring School of the Foundation of the Hellenic Hematologic Society on "Ph(-) myeloproliferative disorders – hemostasis". Alexandroupoli. June 2013.
 - 19) "Is primary prevention of cardiovascular diseases with lipid-lowering agents necessary?". 1st Spring School of Internal Medicine of the Hellenic Atherosclerosis Society on "Diagnosis and management of metabolic diseases: from physiology to pathology". Kryopigi. May 2013.
 - 20) "Erectile dysfunction in diabetic patients". Seminar of the Internal Medicine Society of Northern Greece titled "Diabetes mellitus: from theory to physicians' everyday clinical practice". Thessaloniki. May 2013.
 - 21) "Reducing the cardiovascular risk by the immediate intervention of the general practitioner on dyslipidemia". 25th Hellenic Congress of General Practitioners. Kallithea, Greece. May 2013.
 - 22) "The benefits of statins in primary and secondary prevention". 1st Western Greece Cardiology Congress. Ptolemaida. April 2013.
 - 23) "Recent advances in stroke prevention in patients with atrial fibrillation. Novel anticoagulants in clinical practice". 5th Greek National Stroke Conference. Thessaloniki, Greece. March 2013.
 - 24) "Dyslipidemia and dementia. Pathophysiological associations". 8th Hellenic Congress on Alzheimer's disease. Thessaloniki. March 2013.
 - 25) "Stroke: pathogenesis, presentation and risk factors". Seminar of the Internal Medicine Society of Northern Greece and of the Orthopedic and Injury Society of Macedonia and Thrace titled "Common problems of internal medicine in the orthopedic patient". Thessaloniki. February 2013.
 - 26) "Pathogenesis of diabetic nephropathy: advanced glycation end-products." 20th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. "Recent developments in diabetic nephropathy". Thessaloniki. February 2013.
 - 27) "How to write a review article". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
 - 28) "Manifestations of the metabolic syndrome that are not included in its diagnostic criteria". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
 - 29) "Lipid-lowering treatment in patients with chronic kidney disease". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
 - 30) "A 59-year-old patient with dyslipidemia (LDL-C 165 mg/dl) and SGOT 42 IU, SGPT 51 IU, γ GT=92 and fatty liver". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.

- 31) "Should patients with abnormal liver biochemistry due to nonalcoholic fatty liver disease be treated with statins?". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 32) "A 65-year old patient with renal artery stenosis. Should he receive only pharmacological treatment or should he also undergo angioplasty?" 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 33) "Choice of the 4th antihypertensive agents in patients with resistant hypertension". 5th Summer School of the Hellenic Atherosclerosis Society on "Combined treatment for the management of hypertension, dyslipidemia and diabetes mellitus". Endorsed by the European Atherosclerosis Society. Athens. July 2012.
- 34) "Guidelines for the management of dyslipidemia". 5th Summer School of the Hellenic Atherosclerosis Society on "Combined treatment for the management of hypertension, dyslipidemia and diabetes mellitus". Endorsed by the European Atherosclerosis Society. Athens. July 2012.
- 35) "Smoking". 11th Northern Greece Cardiology Congress. Thessaloniki. May 2012.
- 36) "Non-alcoholic fatty liver disease and cardiovascular disease: Is there an association? Does a common treatment exist? Novel concepts". 19th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Hypolipidemic agents and quality of life". Porto Carras. April 2012.
- 37) "A 67-year old patient with coronary heart disease, mixed dyslipidemia and chronic kidney disease". 19th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Hypolipidemic agents and quality of life". Porto Carras. April 2012.
- 38) "A patient with mixed dyslipidemia and statin intolerance". 18th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Heraklion. April 2012.
- 39) "The current management of mixed dyslipidemia". 18th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Heraklion. April 2012.
- 40) "How to write a review article". 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2011.
- 41) "Hypertension in the elderly". 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2011.
- 42) "Management of elderly patients with chronic kidney disease – antihypertensive treatment". 17th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. "Kidney diseases – Hypertension and Dyslipidemia in the elderly". Lefkada. October 2011.
- 43) "How to write a review article". 17th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2011.
- 44) "A 65-year old patient with renal artery stenosis: should he be treated only medically or should he undergo angioplasty?". 17th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2011.
- 45) "The use of vitamin K antagonists in clinical practice". 4th Summer School of the Hellenic Atherosclerosis Society on "Atherothrombosis: from

- pathophysiology to treatment". Endorsed by the European Atherosclerosis Society. Athens. July 2011.
- 46) "Management of dyslipidemias". 10th Northern Greece Cardiology Congress. Thessaloniki. May 2011.
 - 47) "Urinary tract infections in the elderly". 16th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. "Nephrolithiasis and urinary tract infections". Katerini. May 2011.
 - 48) "Primary and secondary prevention of cardiovascular disease". 6th Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki. April 2011.
 - 49) "Does tight glycemic control reduce the risk for macrovascular complications?" 1st Hellenic Diabetologic Forum of the Hellenic Diabetologic Society and the Diabetologic Society of Northern Greece. Volos. January 2011.
 - 50) "Dyslipidemia and obesity". Seminar of the Internal Medicine Society of Northern Greece titled "The importance of obesity in Internal Medicine". Thessaloniki. September 2010.
 - 51) "Endocrine hypertension". 3rd Summer School of the Hellenic Atherosclerosis Society "Atherosclerosis and cardiovascular disease: from pathophysiology to clinical practice" on "Atherosclerosis and hypertension". Endorsed by the European Atherosclerosis Society. Athens. July 2010.
 - 52) "Management of diabetic dyslipidemia". Meeting of Young Speakers of the Diabetologic Society of Northern Greece. Thessaloniki. May 2010.
 - 53) "Pathophysiology and management of hypertension in the metabolic syndrome". 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2009.
 - 54) "Fluid and electrolyte balance and nutrition during acute stroke". 4th Greek National Stroke Conference. Alexandroupolis. October 2009.
 - 55) "How to treat: A diabetic patient with hypertension, hyperkalemia and chronic kidney disease". 15th 2-day Educational Course of the Hellenic Atherosclerosis Society. Thessaloniki. September 2009.
 - 56) "How to treat: A 73-year-old woman with resistant hypertension". 3rd Hellenic Congress on Atherosclerosis. Athens. December 2008.
 - 57) "Causes and treatment of hypokalemia". Seminar on Acid-base and Electrolyte Disorders. Thessaloniki. September 2006.

Invited lectures in webinars

- 1) "Treatment targets and management of dyslipidemia in patients with type 2 diabetes mellitus". Webinar titled "Diabetes mellitus and its complications: comprehensive management of the diabetic patient in clinical practice". Organized by the Society for the Study of the Diseases of the Diabetic Foot.

Referee in peer-reviewed journals

- 1) Lancet
- 2) Annals of Internal Medicine
- 3) Hypertension
- 4) Journal of Clinical Endocrinology and Metabolism

- 5) European Respiratory Journal
- 6) Journal of Thrombosis and Haemostasis
- 7) Cell Death and Disease
- 8) Diabetes Obesity & Metabolism
- 9) Journal of Neurology, Neurosurgery and Psychiatry
- 10) Clinical Science
- 11) Human Reproduction
- 12) Rheumatology
- 13) Cardiovascular Diabetology
- 14) European Journal of Neurology
- 15) International Journal of Biochemistry & Cell Biology
- 16) Current Medicinal Chemistry
- 17) Liver International
- 18) Mediators of Inflammation
- 19) Pharmacogenomics
- 20) Bone
- 21) PLoS One
- 22) American Journal of Hypertension
- 23) Clinical Endocrinology
- 24) Current Pharmaceutical Design
- 25) British Journal of Nutrition
- 26) European Journal of Endocrinology
- 27) Metabolism
- 28) Clinical Chemistry and Laboratory Medicine
- 29) Expert Opinion on Pharmacotherapy
- 30) Current Vascular Pharmacology
- 31) Lupus
- 32) Journal of Cardiovascular Medicine
- 33) Clinical and Experimental Rheumatology
- 34) European Journal of Haematology
- 35) World Journal of Gastroenterology
- 36) Journal of Endocrinological Investigation
- 37) International Journal of Endocrinology
- 38) Journal of Cardiovascular Pharmacology
- 39) Journal of Medical Virology
- 40) Molecular and Cellular Biochemistry
- 41) Digestive Diseases and Sciences
- 42) Endocrine
- 43) Heart and Vessels
- 44) BMC Public Health
- 45) American Journal of Cardiovascular Drugs
- 46) Chemotherapy
- 47) International Journal of Medical Sciences
- 48) Current Neuropharmacology
- 49) Archives of Virology
- 50) Neuropsychiatric Disease and Treatment
- 51) Journal of Human Nutrition and Dietetics
- 52) BMJ Open
- 53) Diabetology & Metabolic Syndrome
- 54) Journal of the American College of Nutrition

- 55) Immunological Investigations
- 56) Nutritional Neuroscience
- 57) Obesity Facts
- 58) BMC Cardiovascular Disorders
- 59) Human and Experimental Toxicology
- 60) Journal of Women's Health
- 61) Blood Pressure
- 62) Patient Preference and Adherence
- 63) Gynecological Endocrinology
- 64) Personalized Medicine
- 65) International Journal of Laboratory Haematology
- 66) Endocrine Research
- 67) Acta Haematologica
- 68) Clinical Lipidology
- 69) Anadolu Kardiyoloji Dergisi-The Anatolian Journal of Cardiology
- 70) Saudi Medical Journal
- 71) Hippokratia
- 72) Biomedical Research International
- 73) British Journal of Medicine and Medical Research
- 74) Cardiology Research and Practice
- 75) Clinical Epidemiology
- 76) Clinical Medicine Insights: Cardiology
- 77) Clinical Medicine Reviews in Therapeutics
- 78) Clinical Medicine Reviews in Vascular Health
- 79) Current Diabetes Reviews
- 80) Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy
- 81) Diabetes Management
- 82) Endocrine Connections
- 83) Expert Review of Clinical Pharmacology
- 84) Expert Review of Endocrinology and Metabolism
- 85) Expert Review of Obstetrics & Gynecology
- 86) Integrated Blood Pressure Control
- 87) International Journal of Biomedical Science
- 88) International Journal of General Medicine
- 89) International Journal of Pediatrics
- 90) Journal of Diabetes and Metabolism
- 91) Journal of The Turkish German Gynecological Association
- 92) Lipid Insights
- 93) Nutrition and Metabolic Insights
- 94) Pan African Medical Journal
- 95) Primary Prevention Insights
- 96) SAGE Open Medicine
- 97) The Open Cardiovascular Medicine Journal
- 98) The Open Conference Proceedings Journal
- 99) The Open Pharmacology Journal
- 100) Therapeutics and Clinical Risk Management
- 101) Vascular Health and Risk Management
- 102) World Journal of Clinical Cases
- 103) World Journal of Diabetes
- 104) World Journal of Gastrointestinal Pharmacology and Therapeutics

- 105) World Journal of Hepatology
- 106) Advanced Research in Biological Sciences
- 107) African Journal of Biotechnology
- 108) African Journal of Food Science
- 109) African Journal of Food Science and Technology
- 110) African Journal of Internal Medicine
- 111) African Journal of Microbiology Research
- 112) African Journal of Pharmacy and Pharmacology
- 113) Asian Journal of Sports Medicine
- 114) Basic Research Journal of Medicine and Clinical Sciences
- 115) Biotechnology and Molecular Biology Reviews
- 116) Clinical Medicine Insights: Endocrinology and Diabetes
- 117) Clinical Medicine Insights: Therapeutics
- 118) Clinical Practice
- 119) International Blood Research and Reviews
- 120) International Journal of Biochemistry and Biotechnology
- 121) International Journal of Fertility and Sterility
- 122) International Journal of Gynecology and Obstetrics Research
- 123) International Journal of Medical and Biomedical Sciences
- 124) International Journal of Medicine and Medical Sciences
- 125) International Journal of Nutrition and Metabolism
- 126) International Journal of Public Health and Epidemiology
- 127) International Journal of Public Health and Epidemiology Research
- 128) International Research Journal of Agricultural Science
- 129) International Research Journal of Biochemistry and Bioinformatics
- 130) International Research Journal of Microbiology
- 131) International Research Journal of Plant Science
- 132) Journal of Cancer and Clinical Oncology
- 133) Journal of Clinical Medicine and Research
- 134) Journal of Diseases and Disorders
- 135) Journal of Medical Genetics and Genomics
- 136) Journal of Medical Laboratory and Diagnosis
- 137) Journal of Medicinal Plants Research
- 138) Journal of Medicine and Medical Sciences
- 139) Journal of Neuroscience and Behavioural Health
- 140) Journal of Obesity & Weight Loss Therapy
- 141) Journal of Public Health and Epidemiology
- 142) Journal of Scientific Research and Studies
- 143) Journal of Symptoms and Signs
- 144) Journal of Women's Health, Issues and Care
- 145) Nepalese Heart Journal
- 146) Pharmaceutical Sciences
- 147) Progress in Health Sciences
- 148) Research in Endocrinology
- 149) Scientific Research and Essays
- 150) SRX Medicine
- 151) The Open Drug Safety Journal
- 152) The Open Hypertension Journal
- 153) WebPub Journal of Scientific Research
- 154) World Journal of Methodology

- 155) World Journal of Microbiology
 156) World Journal of Obstetrics and Gynecology

The cumulative impact factor of the above-mentioned journals for the year 2013 is **254.049**.

Referee in e-books

- 1) Arteriosclerosis and cardiovascular medicine. Bentham Science Publishers.

Continuing medical education

Attendance of International Congresses

- 1) 8th DIETS-European Federation of the Associations of Dieticians Conference. Athens, Greece. October 2014.
- 2) European Society of Cardiology Congress 2014. Barcelona, Spain. August 2014.
- 3) Joint 24th European Meeting on Hypertension and Cardiovascular Protection and 25th Scientific Meeting of the International Society of Hypertension. Athens, Greece. June 2014.
- 4) European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients Satellite Symposium and Consensus Meeting. Thessaloniki, Greece. June 2014.
- 5) 82nd European Atherosclerosis Society Congress. Madrid, Spain. June 2014.
- 6) 23rd European Stroke Conference. Nice, France. May 2014.
- 7) 18th Annual Meeting of the Israeli Society for Research, Prevention and Treatment of Atherosclerosis. Eilat, Israel. October 2013.
- 8) European Society of Cardiology Congress 2012. Munich, Germany. August 2012.
- 9) Satellite Symposium of the 2012 ESH London Hypertension Meeting on "Blood pressure monitoring in cardiovascular medicine and therapeutics". Thessaloniki, Greece. May 2012.
- 10) ARTERY 2011. Paris, France. October 2011.
- 11) 79th Congress of the European Atherosclerosis Society. Gothenburg, Sweden. June 2011.
- 12) 78th Congress of the European Atherosclerosis Society. Hamburg, Germany. June 2010.
- 13) American College of Cardiology 57th Annual Scientific Sessions. Chicago, USA. March 2008.
- 14) American Heart Association Scientific Sessions 2007. Orlando, USA. November 2007.
- 15) 31st Annual Meeting of the European Thyroid Association. Naples, Italy. September 2006.
- 16) 40th Annual Meeting of the European Association for the Study of the Liver. Paris, France. April 2005.
- 17) 14th European Meeting on Hypertension. Paris, France. June 2004.
- 18) 9th Congress of the European Hematology Association. Geneva, Switzerland. June 2004.

- 19) 8th Congress of the European Hematology Association. Lyon, France. June 2003.

Attendance of Hellenic Congresses

- 1) 29th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2014
- 2) 27th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2013.
- 3) 21st Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki, Greece. September 2013.
- 4) 2nd Educational Symposium of the Northern Greece Internal Medicine Society on “Guidelines for the reduction of cardiovascular risk in everyday clinical practice in diseases associated with increased cardiovascular risk”. Volos, Greece. September 2013.
- 5) 13th Hellenic Congress on Diabetes. Athens, Greece. March 2013.
- 6) 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 7) Educational Symposium of the Hellenic Society of Lipidology, Atherosclerosis and Vascular Disease on “Management of patients with coronary heart disease and type 2 diabetes mellitus”. Naousa, Greece. October 2012.
- 8) 11th Northern Greece Cardiology Conference. Thessaloniki, Greece. May 2012.
- 9) 19th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on “Hypolipidemic agents and quality of life”. Porto Carras, Greece. April 2012.
- 10) 18th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Heraklion, Greece. April 2012.
- 11) 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 12) 17th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. “Kidney diseases – Hypertension and Dyslipidemia in the elderly”. Lefkada, Greece. October 2011.
- 13) 32nd Hellenic Congress on Cardiology. Thessaloniki, Greece. October 2011.
- 14) 17th Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki, Greece. September 2011.
- 15) 10th Northern Greece Cardiology Conference. Thessaloniki, Greece. May 2011.
- 16) 16th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. «Kidney stones and urinary tract infections». Katerini, Greece. May 2011.
- 17) 6th Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki, Greece. April 2011.
- 18) 12th Hellenic Congress on Hypertension. Athens, Greece. March 2011.
- 19) 1st Hellenic Diabetes Forum of the Hellenic Diabetes Society and the Northern Greece Diabetes Society. Volos, Greece. January 2011.
- 20) 24th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2010.
- 21) 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.

- 22) Seminar of the Northern Greece Internal Medicine Society on «The significance of obesity in Internal Medicine». Thessaloniki, Greece. September 2010.
- 23) 15th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. «Emergencies in Nephrology». Xanthi, Greece. June 2010.
- 24) Seminar of young speakers of the Northern Greece Diabetes Society. Thessaloniki, Greece. May 2010.
- 25) Symposium on “Atrial fibrillation and stroke”. Athens, Greece. January 2010.
- 26) 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 27) 23rd Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2009.
- 28) 4th Greek National Stroke Conference. Alexandroupolis, Greece. October 2009.
- 29) 15th Hellenic Congress on Internal Medicine. Athens, Greece. October 2009.
- 30) 1st Congress on “New trends in diabetic nephropathy”. Thessaloniki, Greece. October 2009.
- 31) 15th Educational Course of the Hellenic Atherosclerosis Society. Thessaloniki, Greece. September 2009.
- 32) 3rd Hellenic Congress on Atherosclerosis. Athens, Greece. December 2008.
- 33) 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 34) 6th Hellenic Congress on Obesity. Thessaloniki, Greece. November 2006.
- 35) 4th Hellenic Symposium on Hypertension. Thessaloniki, Greece. February 2006.
- 36) 1st Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2005.
- 37) 16th Hellenic Congress on Hematology. Thessaloniki, Greece. November 2005.
- 38) 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
- 39) Treatment of risk factors for cardiovascular diseases. Educational Course of the Hellenic Atherosclerosis Society. Veria, Greece. October 2005.
- 40) 25th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2005.
- 41) 9th Hellenic Congress on Hepatology. Mykonos, Greece. May 2005.
- 42) 3rd Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki, Greece. April 2005.
- 43) 20th Northern Hellenic Medical Congress. Thessaloniki, Greece. April 2005.
- 44) 9th Hellenic Congress on Hypertension. Athens, Greece. March 2005.
- 45) 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
- 46) 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
- 47) 18th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2004.
- 48) 24th Hellenic Congress on Gastroenterology. Athens, Greece. November 2004.
- 49) 19th Northern Hellenic Medical Congress. Thessaloniki, Greece. May 2004.
- 50) 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 51) 23th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2003.

- 52) 18th Northern Hellenic Medical Congress. Thessaloniki, Greece. May 2003.
- 53) 8th Hellenic Congress on Hepatology. Thessaloniki, Greece. May 2003.
- 54) 8th Hellenic Congress on Hypertension. Thessaloniki, Greece. March 2003.
- 55) 1st Scientific Symposium of the Hellenic Atherosclerosis Society. Athens, Greece. November 2002.
- 56) 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 57) Endocrine and metabolic diseases. Diagnostic and therapeutic methods. Thessaloniki, Greece. October 2002.
- 58) 16th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. September 2002.
- 59) 2nd Seminar on Clinical Oncology. Thessaloniki, Greece. September 2002.
- 60) 17th Northern Hellenic Medical Congress. Thessaloniki, Greece. April 2002.
- 61) 22nd Hellenic Congress on Cardiology. Thessaloniki, Greece. November 2001.
- 62) "Autoimmune diseases for the non-expert". Thessaloniki, Greece. December 2001.
- 63) 15th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2001.
- 64) 1st Seminar on Clinical Oncology. Thessaloniki, Greece. September 2001.
- 65) 2nd Seminar of Continuing Medical Education in Nephrology. Alexandroupoli, Greece. March 2001.
- 66) 13th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 1999.

Attendance of International Seminars

- 1) 7th Annual Scientific Meeting. Cardiovascular Disease 2014. Clinical Master Class. Brussels, Belgium. 18-19/9/2014.
- 2) Cardiometabolic Summit. Athens, Greece. 31/1-1/2/2014.
- 3) International Hyperlipidemia Forum. Barcelona, Spain. 17-18/6/2013.
- 4) 6th EU Round Table on Familial Hypercholesterolemia. Berlin, Germany. 15-16/3/2013.
- 5) Advanced course in Clinical Excellence in Cardiovascular Prevention and Lipidology. Under the auspices of the European Atherosclerosis Society. Institute of Cardiology, Metabolism and Nutrition (ICAN), Pitie-Salpetriere University Hospital, Paris, France. 9-10/2/2012.
- 6) Advanced course in Clinical Lipidology. Under the auspices of the European Atherosclerosis Society. 14-15/4/2011. Bassini Hospital, Milano, Italy.
- 7) Changing face of cardiovascular disease – new developments in cardiovascular disease risk management. Madrid, Spain. March 2011.
- 8) Managing CV risk – familial hypercholesterolemia and an update from the ESC. London, England. 14/10/2008.
- 9) Advanced Course in Hypertension. Under the auspices of the European Society of Hypertension. Courmayeur, Italy. 21-27/3/2004.

Attendance of Hellenic Seminars

- 1) 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.

- 2) 2st Spring School of Internal Medicine of the Hellenic Society of Medical Education on “Diagnosis and management of metabolic diseases: from physiology to pathology”. Metsovo. May 2014.
- 3) 1st Winter School of Internal Medicine of the Hellenic Atherosclerosis Society on “Acid-base and electrolyte disorders in high cardiovascular risk patients”. Thessaloniki, Greece. January 2014.
- 4) “How to write a research grant”. Seminar of the Research Committee of the Aristotle University of Thessaloniki. Thessaloniki, Greece. 14-17/6/2011.
- 5) “How to review a paper”. Seminar of the medical journal Hippokratia. Thessaloniki, Greece. April 2011.
- 6) Educational seminar on “Acid-base and electrolyte disorders”. Thessaloniki, Greece. June 2006.
- 7) Seminar on “Current concepts on the management of hypertension”. Athens, Greece. June 2006.
- 8) Educational Seminar on type 2 diabetes mellitus. Under the auspices of the Northern Greece Diabetes Society. Thessaloniki, Greece. October 2005 – May 2006.
- 9) Postgraduate Course in Endocrinology. Under the auspices of the Endocrinology Department of Hippokratia Hospital. Thessaloniki, Greece. May 2004.
- 10) Seminar on “Obesity”. Under the auspices of the Hellenic Endocrine Society. Thessaloniki, Greece. December 2001.
- 11) Annual Postgraduate Course in Cardiology. Under the auspices of the First Cardiology Department of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki, Greece. 2000-2001.

Member in the organization committee of congresses

- 1) 21st Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki, Greece. September 2013.
- 2) Coordinator of the 6th Summer School of the Hellenic Atherosclerosis Society on “Pharmacotherapy for the prevention and management of cardiovascular disease in special populations”. Endorsed by the European Atherosclerosis Society. Athens, Greece. June 2013.
- 3) 17th Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki, Greece. September 2011.
- 4) 15th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. “Emergencies in Nephrology”. Xanthi, Greece. June 2010.
- 5) 1st Congress on “New trends in diabetic nephropathy”. Thessaloniki, Greece. October 2009.

Teaching

- 5/2014 Lecture at the postgraduate courses of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Chronic liver diseases and lipid-lowering treatment”.

- 3/2014 Lecture at the postgraduate courses of the Macedonia-Thrace Department of the Hellenic Society of Hematology on “Current antiplatelet treatment. Groups – indications – dilemmas”. Thessaloniki.
- 2/2014 Lecture at the postgraduate courses of the Clinical Pathology Society of Northern Greece on “Management of dyslipidemias”.
- 1/2014 Lecture at the postgraduate courses of the First Department of Neurology of AHEPA General Hospital of Thessaloniki on “Management of stroke”.
- 12/2013 Lecture at the postgraduate courses of the Microbiology and Biochemistry Laboratory of AHEPA General Hospital of Thessaloniki on “Management of dyslipidemias”.
- 7/2013 Lecture at the Summer School of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotile University of Thessaloniki on “Approaching the patient –medical history”.
- 9/2012 Lecture at the postgraduate courses of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotile University of Thessaloniki on “Hellenic Guidelines for the management of dyslipidemias”.
- 4/2012 Lecture at the postgraduate courses of the Microbiology and Biochemistry Laboratory of AHEPA General Hospital of Thessaloniki on “Laboratory evaluation of patients with hypertension”.
- 2011-2012 Participation in the program of development of virtual patients “Ariadni” of the Medical School of the Aristotile University of Thessaloniki. Development of a virtual patient titled “Secondary Hypertension”.
- 11/2011 Lecture at the Postgraduate Course of Public Health in Northern Greece of the National School of Public Health on “Nutrition, hypertension and atherosclerosis”.
- 11/2011 Lecture at the postgraduate courses of the Second Propedeutic Department of Internal Medicine of the Aristotile University of Thessaloniki on “Hyper- and hypokalemia”.
- 3/2011 until today Teaching “Internal Medicine I” to the students of the 6th semester of the Medical School of the Aristotle University of Thessaloniki at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
- 9/2010 until today Teaching “Internal Medicine II” to the students of the 9th semester of the Medical School of the Aristotle University of Thessaloniki at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
- 6/2010 until today Teaching “Internal Medicine” to the students of the 11th and 12th Semester of the Medical School of the Aristotle University of Thessaloniki at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
- 8/2009 until today Teaching “Thromboembolic Diseases” to the students of the 7th semester of the Medical School of the Aristotle University of Thessaloniki.

8/2009 until today	Teaching “Basic Principles of Experimental Medicine” to the students of the 8 th semester of the Medical School of the Aristotle University of Thessaloniki.
8/2009 until today	Teaching at the Postgraduate Course “Medical Research Technology” of the Medical School of the Aristotle University of Thessaloniki.
8/2009-6/2010	Participation to the teaching of “Internal Medicine II” to the students of the 9 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Consultant at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
8/2009-6/2010	Participation to the teaching of “Internal Medicine II” to the students of the 11 th and 12 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Consultant at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
10/2001-7/2006	Participation to the teaching of “Internal Medicine I” to the students of the 6 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Resident in Internal Medicine at the Second Propedeutic Department of Internal Medicine at Hippokration General Hospital of Thessaloniki.
10/2001-7/2006	Participation to the teaching of “Internal Medicine II” to the students of the 9 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Resident in Internal Medicine at the Second Propedeutic Department of Internal Medicine at Hippokration General Hospital of Thessaloniki.

Member in advisory boards for doctorates

1. Doctoral candidate: C. Boutari. Supervisor: V. Athyros, Associate Professor of Internal Medicine. Members of the advisory board: **K. Tziomalos**, Assistant Professor of Internal Medicine, M. Doumas, Assistant Professor of Internal Medicine,.
2. Doctoral candidate: S. Bouziana. Supervisor: A. Hatzitolios, Professor of Internal Medicine. Members of the advisory board: **K. Tziomalos**, Lecturer of Internal Medicine, Antonios Goulas, Associate Professor of Pharmacology.
3. Doctoral candidate: A. Reklou. Supervisor: V. Athyros, Assistant Professor of Internal Medicine. Members of the advisory board: A. Karagiannis, Professor of Internal Medicine, **K. Tziomalos**, Lecturer of Internal Medicine.
4. Subject: Neurophysiological evaluation with electromyography of the neuromuscular disorders associated with statin treatment. Doctoral candidate: A. Hatziapostolou. Supervisor: M. Arnautoglou, Assistant Professor of Neurology. Members of the advisory board: V. Kosta, Professor of Neurology, **K. Tziomalos**, Lecturer of Internal Medicine.

Member in advisory boards for post-graduate diplomas

1. Subject: Quality of life in patients with acute ischemic stroke and age-matched controls. Post-graduate student: A. Sachinidis. Supervisor: A. Hatzitolios, Professor of Internal Medicine. Members of the advisory board: **K. Tziomalos**, Assistant Professor of Internal Medicine, C. Savopoulos, Associate Professor of Internal Medicine.
2. Subject: Prognostic factors in patients with acute stroke. Post-graduate student: C. Mpoutari. Supervisor: A. Hatzitolios, Professor in Internal Medicine. Members of the advisory board: **K. Tziomalos**, Lecturer in Internal Medicine, Timoleon-Achilleas Vyzantiadis, Assistant Professor in Biopathology-Microbiology.
3. Subject: Association between common carotid artery and femoral artery intima-media thickness and the metabolic syndrome. Post-graduate student: M. Grammatiki. Supervisor: A. Karagiannis, Professor in Internal Medicine. Members of the advisory board: V. Athyros, Associate Professor in Internal Medicine, **K. Tziomalos**, Assistant Professor in Internal Medicine.

Participation in research projects

1. Research protocol titled “Cardiovascular risk stratification in women with polycystic ovary syndrome” funded by the Hellenic Endocrine Society (2013-2014)
2. Safety evaluation of Advate (factor VIII) in patients with hemophilia A (2004)
3. Safety evaluation of adefovir dipivoxil in patients with chronic hepatitis B (2003)